



A Community Conversation ***Mental Health Matters***

With

- Shawn Elizabeth George -

Did you know...1 in 5 Americans experiences mental health issues each year?

Join us for a special discussion with Shawn George, author and speaker, on the importance of mental health. Come be inspired and encouraged to live the life you want!

Registration requested - please call the Library at 860-258-7623 or email Lori Stanczyc at lstanczyc@rockyhillct.gov to sign up.



Sponsored by Rocky Hill Youth and Family Services

February 18, 2020
6:30 pm
Cora J. Belden Library

Free!