Substance Abuse



Tweak: (growing up on methamphetamines)

by Nic Sheff

The author details his immersion in a world of hardcore drugs, revealing the mental and physical depths of addiction, and the violent relapse one summer in California that forever changed his life, leading him down the road to recovery.

Substance Abuse



Crank

by Ellen Hopkins

Kristina Snow is the perfect daughter, but she meets a boy who introduces her to drugs and becomes a very different person, struggling to control her life and her mind.

Alcoholism



Last night I sang to the monster

by Benjamin Alire Sáenz

Eighteen-year-old Zach does not remember how he came to be in a treatment center for alcoholics, but through therapy and caring friends, his amnesia fades and he learns to face his past while working toward a better future.

Substance Abuse



Go ask Alice

by Anonymous

A teenager whose life is dominated by her drug problems recounts in her diary her experiences from her indoctrination into the world of drugs to three weeks before her death. An ALA Best Book for Young Adults.



Tewksbury Public Library

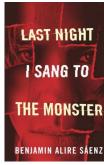
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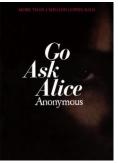


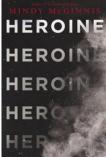
Addiction & Substance Abuse

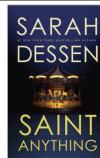




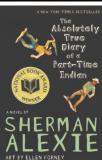


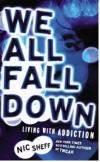






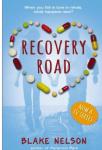












Substance Abuse



Heroine

by Mindy McGinnis

Determined to see her softball team through a historic tournament run despite severe injuries, a socially awkward teen is prescribed opioid painkillers that initially help, before high pressure leads to an out-of-control addiction.

Alcoholism



Saint anything

by Sarah Dessen

When Sydney's charismatic older brother, Peyton, is sent to jail, Sydney struggles to find her place at home and the world until she meets the Chathams, including gentle, protective Mac, who makes her feel seen for the first time.

Substance Abuse

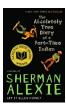


Out of reach

by Carrie Arcos

Accompanied by her brother's friend, Tyler, sixteen-year-old Rachel ventures through San Diego and nearby areas seeking her brother, eighteen-year-old Micah, a methamphetamine addict who ran away from home.

Alcoholism



The absolutely true diary of a part-time Indian

by Sherman Alexie

Leaving the Spokane Indian Reservation to attend an all-white high school, Junior struggles to find his place in his new surroundings in order to escape his destiny back on the reservation.

Substance Abuse



We all fall down

by Nic Sheff

The author writes candidly about stints at inpatient rehab facilities, devastating relapses, and hard-won realizations about what it means to be a young person living with addiction.

Substance Abuse



Forged by fire

by Sharon M. Draper

Teenage Gerald, who has spent years protecting his fragile halfsister from their abusive father, faces the prospect of one final confrontation before the problem can be solved.

Alcoholism



The art of losing

by Lizzy Mason

Abandoning her sister at a party after an act of betrayal, Harley is overwhelmed by guilt when her sister is rendered comatose by a drunk-driving accident and learns challenging but ultimately redemptive lessons in forgiveness and healing from a childhood friend recently out of rehab.

Substance Abuse and Alcoholism



Recovery Road

by Blake Nelson

While she is in a rehabilitation facility for drug and alcohol abuse, seventeen-year-old Maddie meets Stewart, who is also in treatment, and they begin a relationship, which they try to maintain after they both get out.