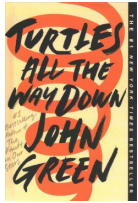


OCD/Anxiety

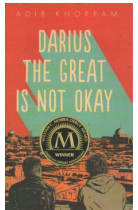


Turtles all the way down

by John Green

Aza Holmes, a high school student with obsessive-compulsive disorder, becomes focused on searching for a fugitive billionaire.

Depression

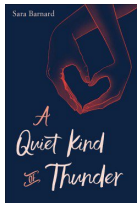


Darius the Great is not okay

by Adib Khorram

Clinically-depressed Darius Kellner, a high school sophomore, travels to Iran to meet his grandparents, but it is their next-door neighbor, Sohrab, who changes his life.

Anxiety



A quiet kind of thunder

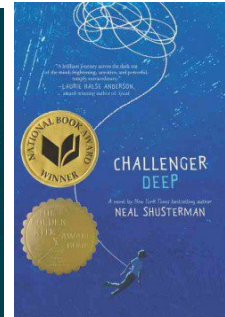
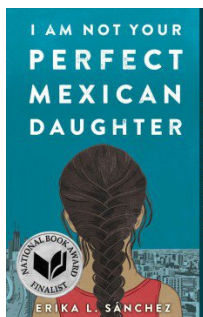
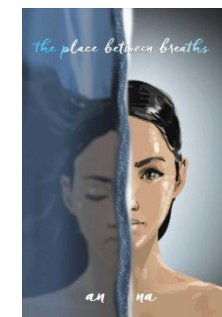
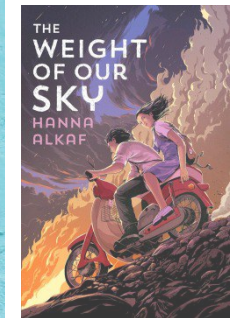
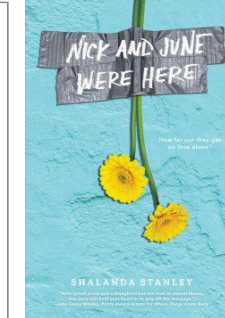
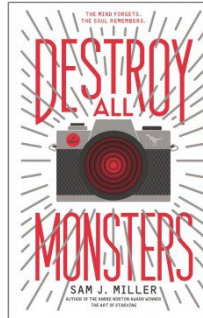
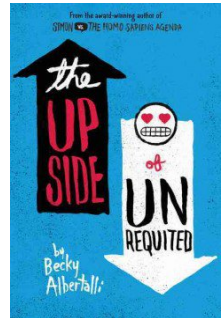
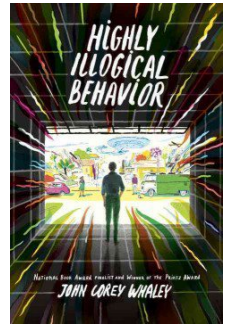
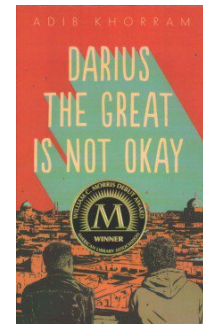
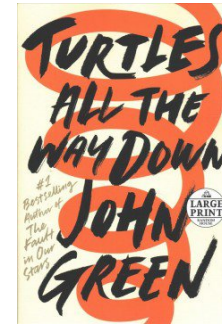
by Sara Barnard

Steffi doesn't talk. Rhys can't hear. They understand each other perfectly. Love isn't always a lightning strike. Sometimes it's the rumbling roll of thunder ... Steffi has been a selective mute for most of her life - she's been silent for so long that she feels completely invisible. But Rhys, the new boy at school, sees her. He's deaf, and

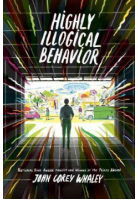
her knowledge of basic sign language means that she's assigned to look after him. To Rhys it doesn't matter that Steffi doesn't talk and, as they find ways to communicate, Steffi finds that she does have a voice, and that she's falling in love with the one person who makes her feel brave enough to use it.



Fiction about Mental Health



Agoraphobia

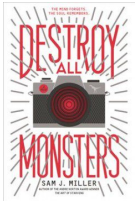


Highly illogical behavior

by John Corey Whaley

An agoraphobic teen who has not left his house for three years is sought out by an ambitious girl determined to get into a top-tier psychology program by treating him and earning a scholarship, a plan that is challenged by their growing bond.

Trauma/Depression



Destroy all monsters

by Sam J Miller

Ash struggles to remember details about a traumatic tree-house accident that is causing her best friend, Solomon, to retreat into a dark, nightmarish reality.

Schizophrenia



Nick and June were here

by Shalanda Stanley

Falling in love after years of best friendship, Nick and June struggle with the impact of her schizophrenia and the crimes he commits to support his aunt, circumstances that prompt them to run away so they can stay together.

OCD



The weight of our sky

by Hanna Alkaf

A music-loving teen with OCD works desperately to find her way back to her mother during the 1969 race riots in Kuala Lumpur, Malaysia.

Schizophrenia



The place between breaths

by Na An

Grace, sixteen, fears that she will succumb to the schizophrenia that took her mother away, while she and her father work for a genetics lab rushing to find a cure.

Grief

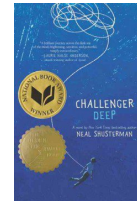


I am not your perfect Mexican daughter

by Erika L. Sánchez

After the sister who delighted their parents by her faithful embrace of Mexican culture dies in a tragic accident, Julia discovers from mutual friends that her sister may not have been as perfect as believed.

Schizophrenia



Challenger deep

by Neal Shusterman

As he struggles with schizophrenia, a teenage boy believes he is on a journey to reach the bottom of Challenger Deep, the deepest place on Earth.

Depression



Girl in pieces

by Kathleen Glasgow

As she struggles to recover and survive, seventeen-year-old homeless Charlotte "Charlie" Davis cuts herself to dull the pain of abandonment and abuse.