

# Willing Hearts Helpful Hands Virtual Programming Calendar

## **Virtual Memory Cafe with Mark Dante!**

When: Monday, April 6th, 2020

Time: 10:00 am - 11:00 am

Click the link Below to Register.

<https://attendee.gotowebinar.com/register/4178105008974913035>

## **Virtual Support Group**

When: Monday, April 6th, 2020

Time: 3:00 pm - 4:00 pm

Click the link Below to Register.

<https://attendee.gotowebinar.com/register/3534779656051611147>

## **Virtual Zumba with Andrea**

When: Tuesday, April 7th, 2020

Time: 10:00 am - 11:00 am

Click the link Below to Register.

<https://attendee.gotowebinar.com/register/370199373847224331>

## **Virtual Chair Yoga with Michelle and Cindy from the Yoga Shack**

When: Tuesday, April 7, 2020

Time: 3:00 pm - 4:00 pm

Click the link Below to Register.

<https://attendee.gotowebinar.com/register/8630457498886530315>

## **Virtual Exercise with Ian from Metro Physical Therapy**

When: Wednesday, April 8, 2020

Time: 10:00 am - 11:00 am

Click the link Below to Register.

<https://attendee.gotowebinar.com/register/3595226407300315147>

## **Virtual Yoga, Sound Healing and Guided Meditation with Michelle and Cindy from the Yoga Shack**

When: Wednesday, April 8th, 2020

Time: 3:00 pm - 4:00 pm

Click the link Below to Register.

<https://attendee.gotowebinar.com/register/2069763974923982859>

**Virtual Zumba with Andrea**

When: Thursday, April 9th, 2020

Time: 10:00 am - 11:00 am

Click the link Below to Register.

<https://attendee.gotowebinar.com/register/1900284153106936331>

**Virtual Caregiver Webinar**

**How Music and Art Can Enrich the Lives of People with Alzheimer's Disease**

When: Thursday, April 9th, 2020

Time: 3:00 pm - 4:00 pm

Click the link Below to Register.

<https://attendee.gotowebinar.com/register/2329709414451094795>

**Virtual Memory Cafe with our very own John Ciotta**

When: Friday, April 10th, 2020

Time: 10:00 am - 11:00 am

Click the link Below to Register.

<https://attendee.gotowebinar.com/register/3592165366928727051>

**Virtual Broadway Sing-a-long With Daniella!**

When: Friday, April 10th, 2020

Time: 3:00 pm - 4:00 pm

Click the link Below to Register.

<https://attendee.gotowebinar.com/register/3281812816826191883>

**Virtual Chair Yoga with Michelle and Cindy from the Yoga Shack**

When: Saturday, April 11th, 2020

Time: 10:00 am - 11:00 am

Click the link Below to Register.

<https://attendee.gotowebinar.com/register/9032335595908635147>

**Virtual Exercise with Ian Feurtado from Metro Physical Therapy!**

When: Saturday, April 11th, 2020

Time: 2:00 pm - 3:00 pm

Click the link Below to Register.

<https://attendee.gotowebinar.com/register/7582119341290777867>

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**Advance Registration is Required.**

If you have difficulties registering please contact us.  
Call: (516) 586-1507      email: [whhh@parkerinstitute.org](mailto:whhh@parkerinstitute.org)

**After registering, you will receive a confirmation email containing information about joining the webinar.**

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