

Willing Hearts Helpful Hands Virtual Programming Calendar

Virtual Mobility Fitness with Ruben

When: Monday, April 13th, 2020

Time: 10:00 am - 11:00 am

Click the link below to register:

<https://register.gotowebinar.com/register/2886148060167580940>

Virtual Support Group

When: Monday, April 13th, 2020

Time: 3:00 pm - 4:00 pm

Click the link below to register:

<https://register.gotowebinar.com/register/2327641233234134028>

Virtual Memory Cafe with Steve Cassano

When: Tuesday, April 14th, 2020

Time: 10:00 am - 11:00 am

Click the link below to register:

<https://register.gotowebinar.com/register/5309886203669602828>

Virtual Chair Yoga with Michelle and Cindy from the Yoga Shack

When: Tuesday, April 14th, 2020

Time: 3:00 pm - 4:00 pm

Click the link below to register:

<https://register.gotowebinar.com/register/1824476125061588236>

Virtual Exercise with Ian from Metro Physical Therapy

When: Wednesday, April 15th, 2020

Time: 10:00 am - 11:00 am

Click the link below to register:

<https://register.gotowebinar.com/register/8896972520544722444>

Virtual Caregiver Webinar

Early-Onset Alzheimer's Disease

When: Wednesday, April 15th, 2020

Time: 3:00 pm - 4:00 pm

Click the link below to register:

<https://register.gotowebinar.com/register/5369309309592896780>

Virtual Zumba with Andrea

When: Thursday, April 16th, 2020

Time: 10:00 am - 11:00 am

Click the link below to register:

<https://register.gotowebinar.com/register/2465143958380728332>

**Virtual Yoga, Sound Healing and Guided Meditation
with Michelle from the Yoga Shack**

When: Thursday, April 16th, 2020

Time: 3:00 pm - 4:00 pm

Click the link below to register:

<https://register.gotowebinar.com/register/6368464113055346444>

Virtual Fitness with Ruben

When: Friday, April 17th, 2020

Time: 10:00 am - 11:00 am

Click the link below to register:

<https://register.gotowebinar.com/register/8224154967229695756>

Virtual Memory Cafe with Steve Cassano

When: Friday, April 17th, 2020

Time: 3:00 pm - 4:00 pm

Click the link below to register:

<https://register.gotowebinar.com/register/2950582740090482444>

Virtual Chair Yoga with Michelle and Cindy from the Yoga Shack

When: Saturday, April 18th, 2020

Time: 10:00 am - 11:00 am

Click the link below to register:

<https://register.gotowebinar.com/register/6025664974817260812>

Virtual Exercise with Ian Feurtado from Metro Physical Therapy

When: Sunday, April 19th, 2020

Time: 10:00 am - 11:00 am

Click the link below to register:

<https://register.gotowebinar.com/register/7020127062652312588>

Advance Registration is Required.

If you have difficulties registering please contact us.

Call: (516) 586-1507 email: whhh@parkerinstitute.org

After registering, you will receive a confirmation email containing information about joining the webinar.