

Support for Caregivers

The Parker Jewish Institute holds phone support groups for caregivers of those with Alzheimer's/dementia.

Group tele-meeting times are...

Weekdays at 10:00 AM & 2:00 PM.

Saturdays at 9:30 AM.

Call **917-962-0650** during any of those times, and enter code **713896**.

Parker Jewish's *Willing Hearts Helpful Hands* is a virtual program series for the elderly, those with Alzheimer's or dementia, and their caregivers.

Scroll to the next page to see this week's schedule.

Programs are at 10 AM and 3 PM each weekday, and 10 AM on the weekend. Programs include gentle exercises, memory cafés, & webinars for caregivers.

Advanced registration is required for all programs.

Willing Hearts Helpful Hands Virtual Programming Calendar

Dementia Related Behaviors

When: Monday, May 11th, 2020

Time: 10:00 am - 1:00 pm

Click the link below to register:

<https://us02web.zoom.us/meeting/register/tZYocu-prjwjGNZrDlClzSE9PVldU8Aft3bg>

Memory Cafe with Marko Pacici

When: Monday, May 11th, 2020

Time: 3:00 pm - 4:00 pm

Click the link below to register:

<https://register.gotowebinar.com/register/2602731346539775248>

Memory Cafe With John Khoury

When: Tuesday, May 12th, 2020

Time: 10:00 am - 11:00 am

Click the link below to register:

<https://register.gotowebinar.com/register/3880253906853128974>

Chair Yoga with Michelle and Cindy from the Yoga Shack

When: Tuesday, May 12th, 2020

Time: 3:00 pm - 4:00 pm

Click the link below to register:

<https://register.gotowebinar.com/register/1852069469490094862>

Exercise with Ian from Metro Physical Therapy

When: Wednesday, May 13th, 2020

Time: 10:00 am - 11:00 am

Click the link below to register:

<https://register.gotowebinar.com/register/315305157091781646>

Caregiver Webinar

New Hope for Alzheimer's Disease

When: Wednesday, May 13th, 2020

Time: 3:00 pm - 4:00 pm

Click the link below to register:

<https://register.gotowebinar.com/register/3723569101848595726>

Caregiver Webinar

Dementia Care for Families

When: Thursday, May 14th, 2020

Time: 10:00 am - 1:00 pm

Click the link below to register:

https://us02web.zoom.us/meeting/register/tZApf-2qrTkvGNe_Va-NG3Fi4i4Mjp_pZf2R

Yoga, Sound Healing and Guided Meditation with Michelle from the Yoga Shack

When: Thursday, May 14th, 2020

Time: 3:00 pm - 4:00 pm

Click the link below to register:

<https://register.gotowebinar.com/register/5870130259592972814>

Fall Prevention with John Baio

When: Friday, May 15th, 2020

Time: 10:00 am - 11:00 am

Click the link below to register:

<https://register.gotowebinar.com/register/3730763206429245454>

Get Creative with Board & Brush

When: Friday, May 15th, 2020

Time: 3:00 pm - 4:00 pm

Click the link below to register:

<https://register.gotowebinar.com/register/780989013385310478>

Chair Yoga with Michelle and Cindy from the Yoga Shack

When: Saturday, May 16th, 2020

Time: 10:00 am - 11:00 am

Click the link below to register:

<https://register.gotowebinar.com/register/600613031337072910>

Exercise with Ian Feurtado from Metro Physical Therapy

When: Sunday, May 17th, 2020

Time: 10:00 am - 11:00 am

Click the link below to register:

<https://register.gotowebinar.com/register/5773969171651019790>

Advance Registration is Required for All Programs

If you have difficulties registering please contact us.

Call: (516) 586-1507 email: whhh@parkerinstitute.org

After registering, you will receive a confirmation email containing information about joining the webinar.