

Support for Caregivers

The Parker Jewish Institute holds phone support groups for caregivers of those with Alzheimer's/dementia.

Group tele-meeting times are...

Weekdays at 10:00 AM & 2:00 PM.

Saturdays at 9:30 AM.

Call **917-962-0650** during any of those times, and enter code **713896**.

Parker Jewish's *Willing Hearts Helpful Hands* is a virtual program series for the elderly, those with Alzheimer's or dementia, and their caregivers.

Scroll to the next page to see this week's schedule.

Programs are in the morning and afternoon of each weekday, and 10 AM on the weekend. Programs include gentle exercises, memory cafés, & webinars for caregivers.

Advanced registration is required for all programs.

Willing Hearts Helpful Hands Virtual Programming Calendar

Caregiver Education Webinar: Dementia Related Behaviors Part 1

Monday, June 15th 9:30 am - 11:30 am

Click below to register:

[https://us02web.zoom.us/meeting/register/tZEuf-6rqT8oGNS5QKEdGDEty5HDBf22ODhS](https://us02web.zoom.us/join/zoom-join?secret=6888888888&pwd=6888888888)

Afternoon Trivia

Join us for a fun brain exercise. This is a Joint enrichment activity for both caregiver and their loved one to team up and enjoy together.

Monday, June 15th 3:00 pm - 4:00 pm

Click below to register:

<https://register.gotowebinar.com/register/3444077945561870>

Cafe with Mark Danti

Tuesday, June 16th 11:00 am - 12:00 pm

Click below to register:

[https://us02web.zoom.us/meeting/register/tZYude2gqTMtGdEwOYP2GFudV3wHle7-e72a](https://us02web.zoom.us/join/zoom-join?secret=6888888888&pwd=6888888888)

Chair Yoga with Michelle from the Yoga Shack

Tuesday, June 16th 3:00 pm - 4:00 pm

Click below to register:

<https://register.gotowebinar.com/register/4723478171197291534>

Caregiver Webinar:

New Hope for Alzheimer's Disease

Wednesday, June 17th 11:00 am - 12:00 pm

Click below to register:

<https://register.gotowebinar.com/register/4521427516430696462>

Exercise with Ian from Metro Physical Therapy

Wednesday, June 17th 3:00 pm - 4:00 pm

Click below to register:

<https://register.gotowebinar.com/register/3163610920476182030>

Thursday, June 18th 9:30 am - 11:30 am

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<https://us02web.zoom.us/join/9167812000?pwd=ZUJlYkRldjVkdzFkbDZkdzNlZWpBdDZkdz09>

Thursday, June 18th 3:00 pm - 4:00 pm

Thursday, June 18th 3:00 pm - 4:00 pm

<https://register.gotowebinar.com/register/6743838483817185294>

Friday, June 19th 11:00 am - 12:00 pm

Friday, June 19th 11:00 am - 12:00 pm

<https://register.gotowebinar.com/register/1288486198281019150>

Friday, June 19th 3:00 pm - 4:00 pm

Friday, June 19th 3:00 pm - 4:00 pm

<https://us02web.zoom.us/meeting/register/tZUqc-2rpzgjG9NBEMxgx3HEKn3-lOt7Ez25>

Saturday, June 20th 10:00 am - 11:00 am

Saturday, June 20th 10:00 am - 11:00 am

<https://register.gotowebinar.com/register/3185386748264394510>

Sunday, June 21st 10:00 am - 11:00 am

Sunday, June 21st 10:00 am - 11:00 am

<https://register.gotowebinar.com/register/7690942406820716814>

If you have difficulties registering please contact us.

Call: (516) 586-1507 email: whhh@parkerinstitute.org

After registering, you will receive a confirmation email containing information about joining the webinar.