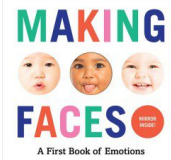




## Emotions and Feelings Reading List



### **Making Faces : A First Book of Emotions**

by Abrams Appleseed

An interactive book of faces, complemented by a reflective mirror that helps babies to recognize and mimic facial expressions,

features vibrant photographs of babies demonstrating six essential emotions.

### **The Color Monster : A Story About Emotions**

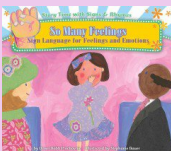
by Anna Llenas

The international best-seller that helps young children identify emotions and feel more in control is now available in a picture book format that shows how an adorable monster learns to sort and define his mixed-up emotions, gaining self-awareness and peace as a result.

### **My Mixed Emotions : Help Your Kids Handle Their Feelings**

by Elinor Greenwood

The popular Psychology Today blogger and award-winning author of Growing Happy Kids shares helpful scientific insights, hints, tips and techniques for showing children how to recognize and express four main emotions.



### **So Many Feelings : Sign Language for Feelings and Emotions**

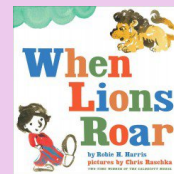
by Dawn Babb Prochovnic

Playful stories in simple rhymes introduce the American Sign Language signs for feelings and emotions.

### **The Bad Mood and the Stick**

by Lemony Snicket

The best-selling author of A Series of Unfortunate Events presents a tongue-in-cheek fable about the highs and lows of bad moods and how they pass from person to person. Simultaneous eBook.



### **When Lions Roar**

by Robie H. Harris

A reassuring story about a young child who faces his fears to make his world a safe place again follows his efforts to be brave in the face of booming thunder, a big barking dog and other scary things. Illustrated by the Caldecott Medal-winning artist of Yo! Yes?

### **How Do Dinosaurs Say I'm Mad?**

by Jane Yolen

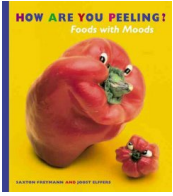
The award-winning creators of How Do Dinosaurs Say I Love You? share a lighthearted tale about young dinosaurs struggling with universal feelings of anger and frustration, depicting a tantrum-throwing Afrovenator and a storming Pachyrinosaurus who take time-outs and learn to express their feelings calmly.

### **Theo's Mood**

by Maryann Cocca-Leffler

On "Mood Monday," students describe their moods after the weekend, but Theo doesn't know what to say because he has a new baby sister and is feeling so many emotions all at once.

# Emotions and Feelings Reading List



## How Are You Peeling? : Foods with Moods

by Saxton Freymann

An extraordinary picture book from the co-creator of Play with Your Food features an abundance of lively food sculptures that are the epitome of human emotions, from

pensive peppers to grimacing grapefruits.

## Today I feel Silly & Other Moods That Make My Day

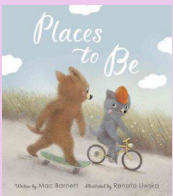
by Jamie Lee Curtis

A successful actress creates playful rhymes to express the many feelings that come with different moods and includes a die-cut mood wheel with mix-and-match facial expressions.

## My Heart

by Corinna Luyken

An uplifting picture book by the creator of The Book of Mistakes combines lyrical text and evocative artwork in an ode to self-love that explores how the heart can be protectively closed or wide open to love.



## Places to Be

by Mac Barnett

A picture book celebration of the wide-ranging emotions that children experience features endearing animal characters who explore and respond to their world together. By the Caldecott Honor-winning author of

Sam and Dave Dig a Hole.

## Can You Make a Happy Face?

by Janice Behrens

Shows different faces that are made when emotions are expressed.

## Show Me Happy

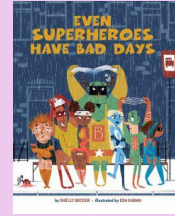
by Kathryn Madeline Allen

Photographs depict children enacting such basic social concepts as sharing, helping, and playing as well as expressing themselves through gestures and actions.

## I Love You Like a Pig

by Mac Barnett

Humorous text and illustrations celebrate the tender and silly moments found in life.



## Even Superheroes Have Bad Days

by Shelly Becker

Combines colorful, high-energy illustrations with engaging rhyming text to explore how superheroes, and the children who relate to them, are able to resist the temptation to cause a scene when they have strong

emotions by going on a bicycle ride, helping others and making other healthy choices.

## The Koala Who Could

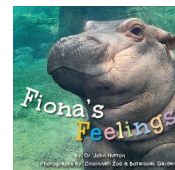
by Rachel Bright

Kevin is a koala who clings to his tree, and never comes down to play with the other animals--until one day his tree falls down, and Kevin learns that the ground is not as scary as he believed.

## Shy Spaghetti and Excited Eggs : A Kid's Menu of Feelings

by Marc A. Nemiroff

Helps young readers learn to recognize and identify different emotions, and explains what to do when those emotions get too big or become out of control.



## Fiona's Feelings

by John Hutton

Fiona the baby hippo shows off her range of emotions, from happy and mad to curious and playful.

## Princess Addison Gets Angry

by Molly Martin

Princess Addison is angry because it is raining and she cannot go outside, but she knows what a princess does to control her emotions.