

Support for Caregivers

The Parker Jewish Institute holds phone support groups for caregivers of those with Alzheimer's/dementia.

Group tele-meeting times are...

Weekdays at 10:00 AM & 2:00 PM.

Saturdays at 9:30 AM.

Call **917-962-0650** during any of those times, and enter code **713896**.

Parker Jewish's *Willing Hearts Helpful Hands* is a virtual program series for the elderly, those with Alzheimer's or dementia, and their caregivers.

Scroll to the next page to see this week's schedule.

Programs include gentle exercises, memory cafés, & webinars for caregivers.

Advanced registration is required for all programs.

Willing Hearts Helpful Hands Virtual Programming Calendar

[illegible]

<https://us02web.zoom.us/meeting/register/tZcsf-6grz0sH9PJFKDkonYCGR90QflRmbOj>

<https://us02web.zoom.us/meeting/register/tZEudOmtrjovGNZBuJFr1zrS-n5Lg8hCvc4k>

[https://us02web.zoom.us/meeting/register/tZwuf-ytqT4sGNYGJBqFU3BYOew2EqJ5tDV4](https://us02web.zoom.us/join/https://us02web.zoom.us/meeting/register/tZwuf-ytqT4sGNYGJBqFU3BYOew2EqJ5tDV4)

<https://register.gotowebinar.com/register/7641342338399022606>

<https://register.gotowebinar.com/register/141895682245886222>

Dementia Related Behaviors: Part 1

Thursday, July 16 9:30 am - 11:30 am □

Click below to register:

https://us02web.zoom.us/meeting/register/tZckdu-urjstEtDoEPDI_m1gGPPYYvlaQJTe

Yoga, Sound Healing and Meditation from the Yoga Shack

Thursday, July 16 3:30 pm - 4:15 pm

Click below to register:

<https://us02web.zoom.us/meeting/register/tZcod-CprjqGtbsHBLMLmWU0cAoqmON3zCl>

Dementia Related Behaviors: Part 2

Friday, July 17 9:30 am - 11:30 am

Click below to register:

<https://us02web.zoom.us/meeting/register/tZUocuiprD0iHNF6yITX3Sq5uUq4vYFIQJ5T>

Music with Mark Danti

Friday, July 17 3:00 pm - 4:00 pm

Click below to register:

https://us02web.zoom.us/meeting/register/tZcrcOmrrT4tG9Bzrfc_4n9BUgyPmSEoKfak

Chair Yoga with the Yoga Shack

Saturday, July 18 10:00 am - 11:00 am

Click below to register:

https://us02web.zoom.us/meeting/register/tZAld-uhjrj8jH9y-eLkZuyEVhl8g27reaK_4

Mobility Fitness with Ian

Sunday, July 19 10:00 am - 11:00 am

Click below to register:

<https://register.gotowebinar.com/register/8719786223875733003>

Advance Registration is Required for All Programs

If you have difficulties registering please contact us. □

Call: (516) 586-1507 email: whhh@parkerinstitute.org

After registering, you will receive a confirmation email containing information about joining the webinar.