

Support for Caregivers

The Parker Jewish Institute holds phone support groups for caregivers of those with Alzheimer's/dementia.

Group tele-meeting times are...

Weekdays at 10:00 AM & 2:00 PM.

Saturdays at 9:30 AM.

Call **917-962-0650** during any of those times, and enter code **713896**.

Parker Jewish's *Willing Hearts Helpful Hands* is a virtual program series for the elderly, those with Alzheimer's or dementia, and their caregivers.

Scroll to the next page to see this week's schedule.

Programs include gentle exercises, memory cafés, & webinars for caregivers.

Advanced registration is required for all programs.

Willing Hearts Helpful Hands Virtual Programming Calendar

Chair Exercise with Tom from Spartan Fitness

Monday August 3, 2020 11:00 am - 12:00 pm

Click below to Register:

<https://us02web.zoom.us/meeting/register/tZMofu2trDMqHNcObc6dermzvu0vsQiGdbO>

Memory Cafe with Marko Pacic

Monday August 3 3:00 pm - 4:00 pm

Click below to Register:

<https://us02web.zoom.us/meeting/register/tZ0kdOigrz0tHNIw-jAKO-aUFDppt5fOPUae>

Morning Trivia V-X

Tuesday August 4 11:00 am - 12:00 pm

Click below to Register:

https://us02web.zoom.us/meeting/register/tZcrceuspz8oHd1YRokJXHmS7vMuV_AzQ_i

Yoga with Michelle from the Yoga Shack

Tuesday August 4 3:30 pm - 4:15 pm

Click below to Register:

<https://us02web.zoom.us/meeting/register/tZ0pduytrjosGdJBGDqzijlan7B9YnxjTbSU>

Education Webinar: Caring for the Caregiver

Wednesday August 5 11:00 am - 12:00 pm

Click below to Register:

<https://us02web.zoom.us/meeting/register/tZYrdO6prj8rHtz3rhpQ8nO1pzqph19vBr8p>

Mobility Fitness with Ian Fertaudo from Metro Physical Therapy

Wednesday August 5 3:00 pm - 4:00 pm

Click below to Register:

<https://us02web.zoom.us/meeting/register/tZUqcOmvqjotHd2ilw88EUBZMmk4U40gpwnc>

Memory Cafe with Marci Castro

Thursday August 6 11:00 am - 12:00 pm ☐

Click below to Register:

https://us02web.zoom.us/meeting/register/tZYqdu-vqDsJE9bFmvmR0h_X6HeeLWqBLJQR

Yoga, Sound Healing and Meditation from the Yoga Shack

Thursday August 6 3:30 pm - 4:15 pm

Click below to Register:

<https://us02web.zoom.us/meeting/register/tZcoduitrzsvH92axylmupV2uZo69ZI0z3-d>

Virtual Travels: Seaworld and Aquariums

Friday August 7 11:00 am - 12:00 pm

Click below to Register:

<https://us02web.zoom.us/meeting/register/tZUkcO2srj4pGdeCggDg75V8gqlfDo9KOyPL>

Memory Cafe with Marko Pacic

Friday August 7 3:00 pm - 4:00 pm

Click below to Register:

<https://us02web.zoom.us/meeting/register/tZcudOCprDovHNLPJW33Q5StrB53jK5x7VrH>

Advance Registration is Required for All Programs

If you have difficulties registering please contact us.

Call: (516) 586-1507 email: whhh@parkerinstitute.org

After registering, you will receive a confirmation email containing information about joining the webinar.