

Yoga with Karen



Free beginner/gentle yoga -all ages are welcome.

11:00AM - 12NOON on Wednesdays

December 9, 2020 to January 27, 2021 ***

Register for any session by clicking on the scheduled date(s) on our Event Calendar at www.stoughton.org/library.

The Zoom link will be emailed before each session.

*****Classes will switch to Fridays from 11-12 for Feb. & March.*****

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