

# Library Programs

## May 2022

For more info on accessing library programs, please visit [www.sanleandrolibrary.org](http://www.sanleandrolibrary.org) or call 510-577-3971

### CHILDREN'S SPECIAL EVENTS



#### Family Mindfulness Workshop Saturday, May 14 at 11:00 am

Mindfulness coach Lance McGee will present families with techniques such as Mindful Breathing, Guided Mindful Meditation and Mindfulness Awareness to promote health and well-being. Best for families with children ages 4+. [Free registration required.](#)



#### Family Fun Night: Animal Stories from Across Asia. Wednesday, May 18, 7:00pm.

Roopa Mohan, a volunteer storyteller at the Asian Art Museum SF, will share tales of creatures big and small, from elephants and tigers to mice and birds. All ages welcome; doors will close if we hit room capacity.



#### San Leandro Public Library

300 Estudillo Ave.

San Leandro, California 94577 | (510) 577-3970

<https://www.sanleandro.org/depts/library/>