

Games from Around the World: Taiwan

踢毽子 | Ti Jian-zi Kick the Shuttlecock

Ti Jian-zi is an ancient game originated from China dated back to the 5th century BC. The game is believed to have evolved from Cuju, a game similar to football that was used as military training. **Ti** literally means kick in Mandarin and **Jian-zi** (the shuttlecock) is a flying object made out of feathers with a coin base. **Ti Jian-zi**, Kick the Shuttlecock, is a popular game among children and adults alike in Taiwan and can be enjoyed by one person, two people, or a group of three or more. The goal is to keep the **Jian-zi** bouncing in the air by kicking it for as long as you can without hitting the ground.

How to play the game:

For one person: Throw the shuttlecock up in the air; then keep it up in the air using only your feet. See how long you can keep it going before it hits the ground!

For two people: One throws the shuttlecock up in the air, and the other kicks it back. How many times can you pass the shuttlecock between you?

For three or more: Stand in a ring and see if you can keep the shuttlecock in the air using only your feet, passing it around the ring.

Make Your Own Jian-zi

Materials:

+ Scissors + Cardboard + Rubberband
+ Plastic Bag + 25 cent coin

Directions:

1. Lay the plastic bag flat. Cut the handles off the plastic bag. Cut the bottom off the plastic bag. Cut the sides of the bag. Now you have two sheets of plastic.
2. Trace the coin twice onto the cardboard. Cut out the two cardboard circles and put the quarter in between the two cardboard circles.
3. Put the coin with the cardboard circles in the center of the plastic sheets and tie with a rubber band.
4. Cut the excess plastic off. Use your palm to measure the length.
5. Cut the plastic sheets to make ½ inch strips. Leave about an inch uncut at the base.
6. Open up the strips so that they resemble feathers.



Special Thanks

Tacoma Public Library would like to thank **Mrs. Wendy Larsen** and the **Asia Pacific Cultural Center** for all of their hard work in helping us create and promote this program. Thank you!

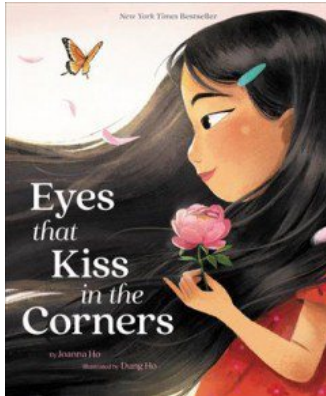


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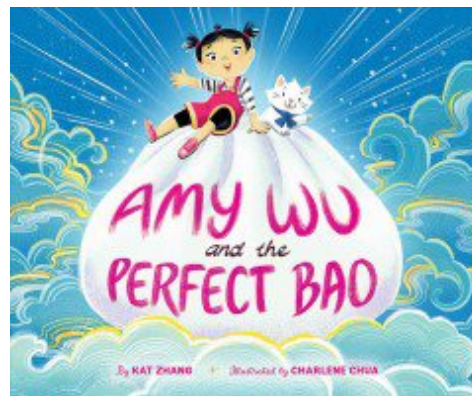
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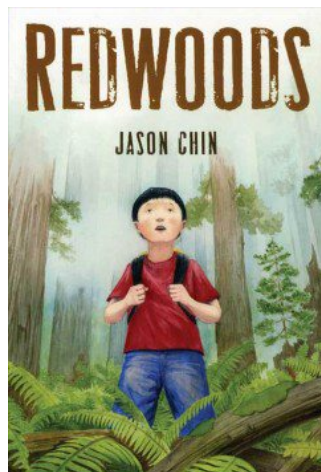
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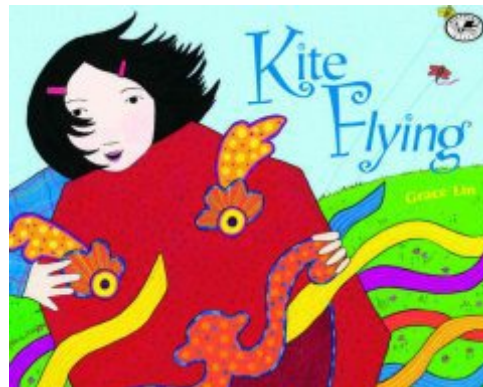
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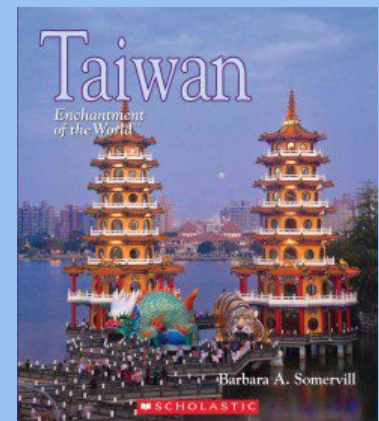


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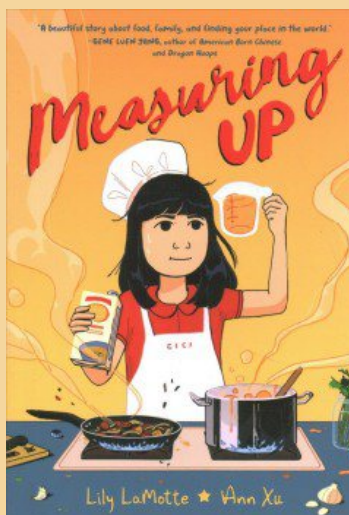
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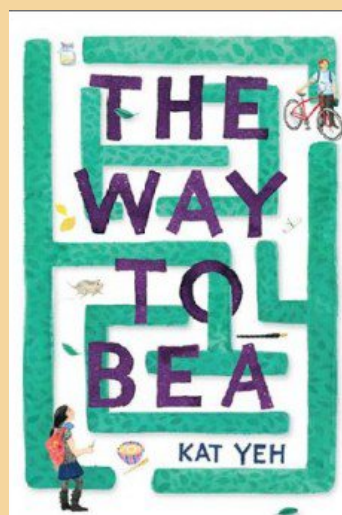


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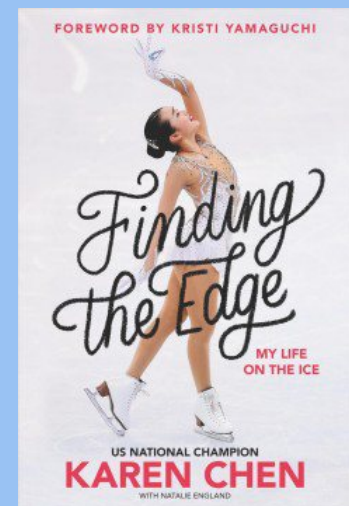
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