# Tailored Skills

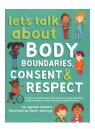


# Talk to Your Kids About Consent and Boundaries

### **Books and Materials**

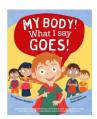


Consent (for kids!): boundaries, respect, and being in charge of you by Rachel Brian



Let's Talk About Body Boundaries, Consent & Respect: A book to teach children about body ownership, respectful relationships, feelings and emotions, choices and

recognizing bullying behaviors by Javneen Sanders



My Body! What I Say Goes! by Jayneen Sanders

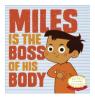


Real talk about sex & consent: what every teen needs to know by Cheryl M. Bradshaw



# The big questions book of sex and consent

by Donna Freitas
Encourages readers to think about
friendship, trust, and personal sexual
parameters so that it can be
determined if, when, and what is
wanted in intimate situations



#### Miles is the boss of his body

by Samantha Kurtzman-Counter It is Miles' sixth birthday & his family pinches, noogies, hugs, picks up, and tickles him, but Miles does not like all the physical interaction and he gets fed up. A compelling picture book to

talk to young children about consent.



#### Can I give you a squish?

by Emily Neilson A lighthearted story about expressions of love and friendship features a little mer-boy whose

overenthusiastic hugs frighten some of his fellow fish before he learns about consent and figures out other ways to express affection.



#### Don't touch my hair!

by Sharee Miller
Aria loves her soft and bouncy hair,
but must go to extremes to avoid
people who touch it without
permission until, finally, she speaks
up



#### Will ladybug hug?

by Hilary Leung Ladybug reveals the things she will and will not hug





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## Talk to Your Kids About Consent and Boundaries



#### **More Than Fluff**

by Madeline Valentine
A fuzzy little chick is rendered
uncomfortable by friends who pet
her, squeeze her and declare her
cute when she endeavors to prove
that she is more substance than fluff,
in a relatable story that discusses the

topics of autonomy and consent..



#### I said no!: a kid-to-kid guide to keeping private parts private

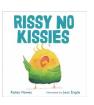
by Zack King Written from a child's point of view, advises young readers on ways to

handle a variety of problematic situations, provides an easy-to-use system to help children rehearse and remember appropriate responses to keep them safe, and includes coverage of where to go for help and how to deal with shame and guilt



# Ask first, monkey!: a playful introduction to consent and boundaries

by Juliet Clare Bell



#### Rissy no kissies

by Katey Howes
"A love bird who doesn't like kisses?
Rissy's friends and family wonder if

she's sick, confused, or rude. But kisses make Rissy uncomfortable.

Can she show everyone there's not one right way to share affection?"

### **Online Library Resources**

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information on medicine, nursing, dentistry, veterinary medicine, the health care system, preclinical sciences, and more.



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This rich collection of

consumer health information provides the full text of many consumer health magazines (including Better Nutrition, Harvard Health Letter, Men's Health, Muscle & Fitness, Prevention, Vegetarian Times, and others), health-related pamphlets and health reference books.



#### Consumer Health Complete

Designed to support the information needs of patients, Consumer Health Complete

provides access to easily understandable health and medical information. You can search and browse medical encyclopedias, reference books, fact sheets and pamphlets, magazine articles, and more.