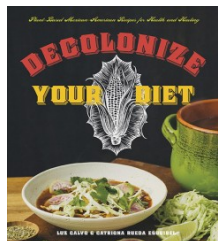


Genre Book Club- August 2021

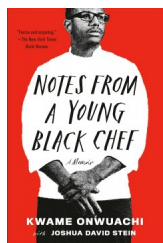
Food and Cooking



Decolonize Your Diet by Catrióna Rueda Esquibel and Luz Calvo

More than just a cookbook, *Decolonize Your Diet* redefines what is meant by "traditional" Mexican food by reaching back through hundreds

of years of history to reclaim heritage crops as a source of protection from modern diseases of development.

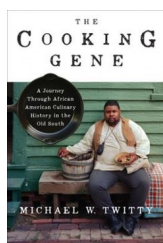


Notes from a young Black chef : a memoir

by Kwame Onwuachi

The Top Chef star traces his culinary coming-of-age in both the Bronx and Nigeria, discussing his eclectic training in acclaimed restaurants while sharing insights into the racial barriers that

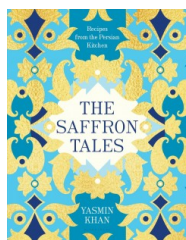
have challenged his career.



The cooking gene : a journey through African-American culinary history in the Old South

by Michael Twitty

A memoir of Southern culinary tradition and food culture from Africa to America and slavery to freedom.



The saffron tales : recipes from the Persian kitchen

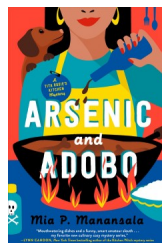
by Yasmin Khan

Presents a collection of recipes that also provides insight into the lives of ordinary Iranians, from artists to electricians.



With the fire on high by Elizabeth Acevedo

Navigating the challenges of finishing high school while caring for a daughter, talented cook Emoni Santiago struggles with a lack of time and money that complicate her dream of working in a professional kitchen.



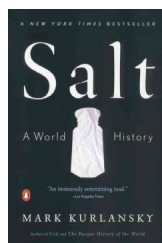
Arsenic and adobo by Mia P. Manansala

Returning home to help save her Tita Rosie's failing restaurant, Lila Macapagal is shocked when her ex-boyfriend, a notoriously nasty food critic, dies suddenly, moments after they had a confrontation, leaving her the only suspect.



Gingerbread by Helen Oyeyemi

Draws on the classic fairy-tale element of gingerbread in the story of a British family whose surprising legacy and secret past are tied to a favorite recipe.



Salt by Mark Kurlansky

The only rock we eat, salt has shaped civilization from the very beginning, and its story is a glittering, often surprising part of the history of humankind.

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