

Join us in the senior center for a virtual conference  
with Teepa Snow:

## **Getting to YES: A Pragmatic Approach to Dementia Care**

### **August 20, 2021 8:30 AM to 12PM**

Caregivers and those who want to learn more about managing the care of adults with dementia are invited to attend the first half of the day with us at the Senior Center.

**There is NO CHARGE for this event and a home made lunch will be provided for attendees.**

**8:30 AM – 9:15 AM WELCOME & INTRODUCTIONS**

**9:15 AM – 10:15 AM Teepa Snow, OTR/L**

**Session I: SORTING OUT THE THREE D'S: DELIRIUM, DEPRESSION & DEMENTIA**

At the end of this session, learners will be able to:

- Describe the value and importance of obtaining the correct diagnosis for an individual Compare and contrast the conditions of delirium, depression/anxiety, and dementia
- Describe simple screening & assessment strategies that may be used to identify the conditions.

**10:15 AM – 11:15 AM Teepa Snow, OTR/L**

**Session II: CHANGING RESISTANCE TO CARE TO PARTICIPATION IN CARE**

At the end of this session, learners will be able to:

- Discuss common causes for refusals and resistance to care.
- Describe methods that assistance should be modified based on level of dementia and brain changes, personal history and preferences, and caregiver approach and behavior.
- Demonstrate key verbal and physical care skills that can improve initial interactions

**11:15 AM – 12:15 PM Teepa Snow, OTR/L**

**Session III: WHY DO THEY DO THAT? UNDERSTANDING SYMPTOMS & BEHAVIORS IN DEMENTIA**

At the end of this session, learners will be able to:

- Describe selected key differences between normal and not normal aging
- Identify changes in the brain during dementia that result in the typical changes in behavior and function.
- Describe common behaviors that are symptoms of dementia in the areas of memory, understanding, language use, movement & sensation, & impulse control
- Identify effective versus typical caregiver responses to common behaviors

**All participants must register to ensure we have space and lunch for everyone:**  
**508-697-0929 or [seniorcenter@bridgewaterma.org](mailto:seniorcenter@bridgewaterma.org)**

**If you can't join us, please watch this important conference from home:**  
**<https://bridgewaterseniorcenter.org/Teepa>**