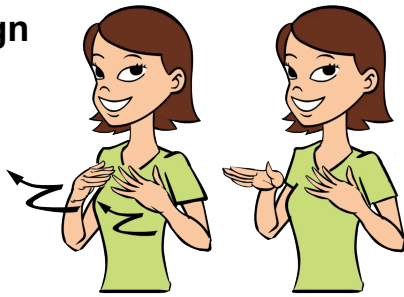


Let's Dress Up

Sign



The American Sign Language sign for dress up or wearing a costume is the same as the sign for clothes. Take both hands open and palms facing down, and brush your thumbs on your chest. To show that you are playing dress up, you make the motion and your body language more jaunty and up-beat!

Rhyme

These are Grandmas Glasses

These are Grandma's glasses
This is Grandma's hat
This is the way she folds her hands
And lays them in her lap
Here are Grandpa's glasses
And here is Grandpa's hat
And here's the way he folds his arms
And takes a little nap

Something Missing
by Shel Silverstein

I remember I put on my socks,
I remember I put on my shoes.
I remember I put on my tie
That was painted
In beautiful purples and blues.
I remember I put on my coat,
To look perfectly grand at the dance,
Yet I feel there is something
I may have forgot—
What is it? What is it?...

Play

Find a big mirror. Gather some old clothes, hats, scarves etc. for your child to get dressed up in. Play together! Who will you be today? Make it a game! Become a toilet paper mummy, pretend to be a mannequin, or make clothes from tin foil!



Make

Go on a treasure hunt. Look for treasures in and around your house. The simplest of things can create a costume! Would towel or blanket make a good cape? Could you weave a princess or fairy crown from dandelions?



Write

When a children writes or draws a picture we can talk to with them about their picture. By rephrasing what they say we can introduce them to new words. Ask leading questions as your child draws a picture of their favorite superhero: How will you draw the costume? Will they wear a super cape or mask?

Sing

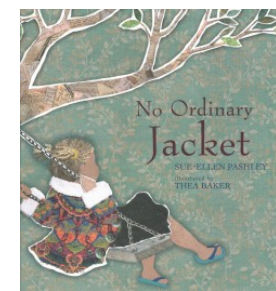
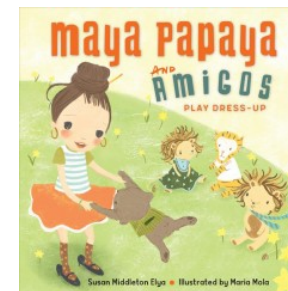
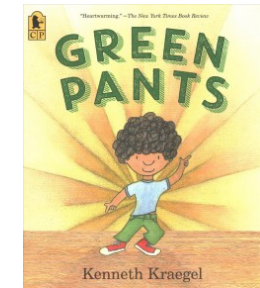


The Wiggles: Dressing Up In Style

Learn



Read



By the time they are three, children are ready to do more independently—though they will likely still need your help. Getting dressed is second nature to us, but for your child, each step is a new skill to learn, practice, and master. Share simple, consistent phrases as reminders. Many families find success with phrases like “tag on the back” (a simple way for everyone to check they’ve put their clothes on the right way) or “lonely legs” (for those times when both legs go into the same pant leg). Try to use the same terms for specific parts of all clothing (theirs and yours), even if it’s something silly like “head hole.”