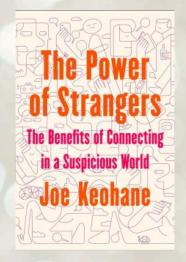
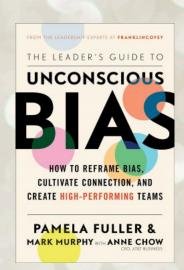
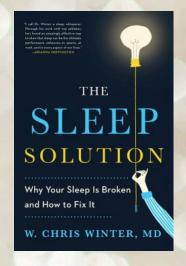
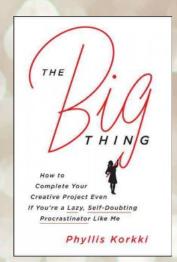
## **BOOKS TO READ FOR A**

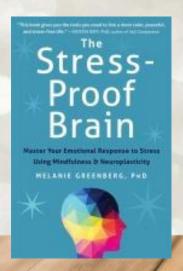
## New Year, New You

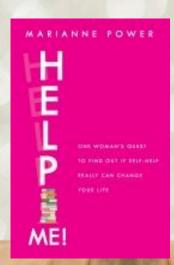


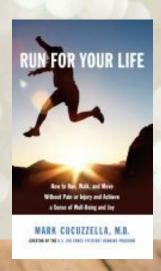


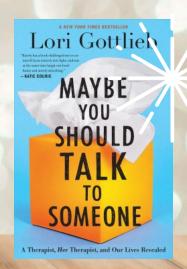














Four Thousand Weeks

Time Management for Mortals

Oliver Burkeman

