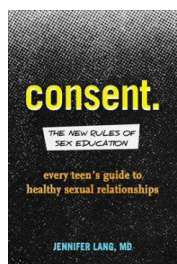


Healthy Choices: Relationships

Find these books in the Teen Nonfiction Section

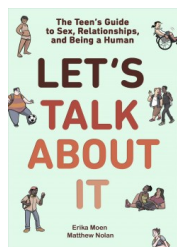


Consent. : the new rules of sex education

by Jennifer Lang

A guide to sex education and contemporary sexual ethics answers common questions that teens have about such topics as dating, relationships, consent, and sexual safety

TEEN 176.4 LANG 2018



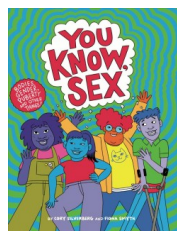
Let's talk about it : the teen's guide to sex, relationships, and being a human

by Erika Moen

Presented in the accessible style of a graphic novel, a practical guide to adolescence by the creators of the Oh Joy Sex Toy sex-education webcomic shares

compassionate and relatable advice on subjects ranging from body image and identity to healthy relationships and safe sex.

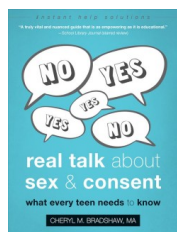
TEEN 306.7 MOEN 2021



You know, sex : bodies, gender, puberty, and other things!

by Cory Silverberg

"You Know, Sex is the first thoroughly modern sex ed book for every body navigating puberty and adolescence, essential for kids, everyone who knows a kid, and anyone who has ever been a kid"



Real talk about sex & consent : what every teen needs to know

by Cheryl M. Bradshaw

A guide to sexual consent for teens provides clear, accurate information on such topics as setting boundaries, coercion, pornography, misrepresented expectations and how the body and brain respond to

trauma to counsel readers on how to make sexual decisions that honor their sense of values and beliefs about healthy, emotionally supportive relationships.

TEEN 613.9 BRADSHAW 2020

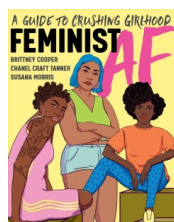


Wait, what? : a comic book guide to relationships, bodies, and growing up

by Heather Corinna

Provides information in graphic novel format on puberty, gender, crushes, dating, consent, sexual activity, sexual identity, and related topics, and offers puzzles and suggestions for finding support

TEEN 612.66 CORINNA 2019

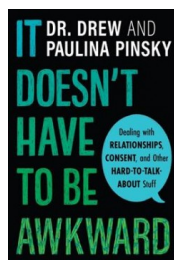


Feminist AF : a guide to crushing girlhood

by Brittney C. Cooper

"Feminist AF uses the insights of feminism to address issues relevant to today's young women. What do you do when you feel like your natural hair is ugly, or when classmates keep touching it? How do you balance your identities if you're an immigrant or the child of immigrants? How do you dress and present yourself in ways that feel good when society condemns anything outside of the norm?"

TEEN 305.42 COOPER 2021

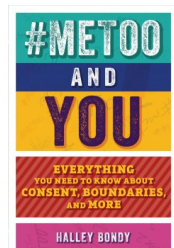


It doesn't have to be awkward : dealing with relationships, consent, and other hard-to-talk-about stuff

by Drew Pinsky

Featuring funny and candid personal anecdotes, and filled with accessible resources, a celebrity doctor and his daughter present this engaging and comprehensive guide to sex, relationships and consent in today's #MeToo era.

TEEN 613.9 PINSKY 2021

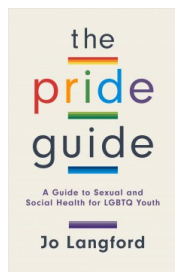


#MeToo and you : everything you need to know about consent, boundaries, and more

by Halley Bondy

"Author Halley Bondy explores the nuances of emotions, comfort, and discomfort in sexually charged and emotionally abusive situations. Tween readers will learn about consent, harassment, abuse, and healthy boundaries in all types of relationships"

TEEN 176.4 BONDY 2021

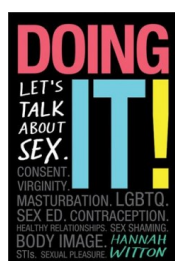


The pride guide : a guide to sexual and social health for LGBTQ youth

by Jo Langford

Focuses on the realities of being a sexual minority teen, providing guidance and understanding for children, parents, and supporters

TEEN 306.76 LANGFORD 2018

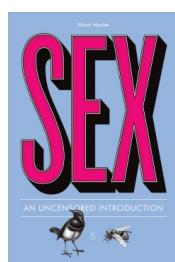


Doing it

by Hannah Witton

Provides information and advice for teenagers on sex-related issues, including sexual readiness, body image, consent, contraception, sexting, the LGBTQ movement, and sex shaming

TEEN 306.708 WITTON 2017



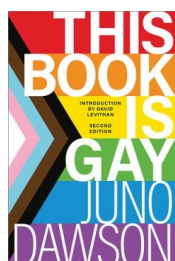
Sex : an uncensored introduction

by Nikol Hasler

Sex: An Uncensored Introduction provides honest, in-depth information about sex, sexual orientation, masturbation, foreplay, birth control options, and protection against disease. This revised and updated edition includes updated information about everything from STIs to new sex-related

legislation as well as brand new sections on sexting, online dating and safety, and sex-related bullying of all kinds.

TEEN 613.9 HASLER 2015

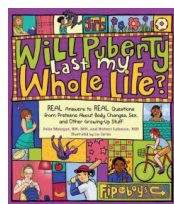


This book is gay

by Juno Dawson

A British author of teen fiction offers basic information about the gay, lesbian, bisexual, and transgender experience, including terms, religious issues, coming out, and sex acts, for people of all orientations, including the merely curious

TEEN 306.76 DAWSON 2021



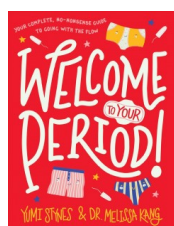
Will puberty last my whole life? : real answers to real questions from preteens about body changes, sex, and other growing-up stuff

by Julie Giesy Metzger

"Contains honest, informative, and

reassuring answers to questions pre-adolescents have about puberty, friends, feelings, sex, pimples, babies, body hair, menstruation, bras, and much more. Straightforward, age-appropriate answers to REAL questions from preteens are provided by an experienced nurse-and-physician team"

TEEN 613 METZGER

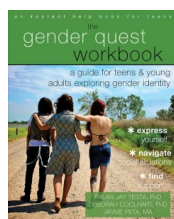


Welcome to your period

by Yumi Stynes

Offers a funny but factual guide to getting your period, providing preteens with all they need to master, and even celebrate menstruation

TEEN 612.662 STYNES 2019



The gender quest workbook : a guide for teens & young adults exploring gender identity

by Rylan Jay Testa

A guide designed for teens who are interested in exploring gender. The authors present readers with steps to begin a

"gender quest". Through eight chapters, the writers cover gender identity, gender expression, family, school and work, friends and peers, dating and sex, multiple identities, and challenges. The definition and discussion of several terms are helpful for those unfamiliar with the subject as well as for those who are looking for ways to understand and accept their identities and expressions.

TEEN 306.76 TESTA 2015



Ready for it

by Chusita Fashion Fever

Offers a guide to sex and sex-related topics that takes on the subject matter with a sexy, irreverent tone

TEEN 306.7 CHUSITA FASHION FEVER 2018