

Activator Poles & Exercise Resistance Bands

at Colborne Library



Exercise
Resistance Bands
For You To Take Home!

Thursday,
December 1st

9 am



Come to our
Physio Workshops and
try them out, to see if you
would like your own!



Activator Poles

For Loan
Thursday,
December 8th

9 am

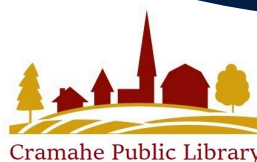


Contact Us:

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Ontario 