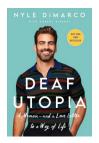
# BIOGRAPHY AND MEMOIR 2023



### **Deaf Utopia**

by Nyle DiMarco

A heartfelt and inspiring memoir and Deaf culture anthem by Nyle DiMarco, actor, producer, reality show winner, and cultural icon of the international Deaf community.



#### **Easy Beauty**

by Chloé Cooper Jones

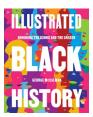
A philosophy professor and freelance journalist born with a rare congenital disease that affects both her stature and gait discusses how she navigates a world that judges and pities her appearance.



# I Want to Die But I Want to Eat Tteokbokki

by Sehee Baek

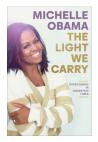
Recording her dialogues with her psychiatrist over a twelve-week period, the author disentangles the feedback loops, knee-jerk reactions, and harmful behaviors that keep her locked in a cycle of self-abuse.



#### **Illustrated Black History**

by George McCalman

Profiling 145 Black heroes, both famous and unsung, in politics, science, literature, music, and more, this illuminating and timely compendium showcases the depth and breadth of Black genius.



# The Light We Carry

by Michelle Obama

The former First Lady offers readers a series of fresh stories and insightful reflections on change, challenge, and power, including her belief that when we light up for others, we can illuminate the richness and potential of the world around us.



#### **Ducks**

by Kate Beaton

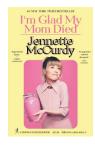
With the singular goal of paying off her student loans, the author heads out west to take advantage of Alberta's oil rush, and encounters the harsh reality of life in the oil sands, where trauma is an everyday occurrence yet never discussed.



#### Finding Me

by Viola Davis

The critically acclaimed film, television and theater actress presents an inspiring and deeply honest story of her life, from her difficult coming-of-age in Rhode Island to her current hard-won success.



## I'm Glad My Mom Died

by Jennette McCurdy

The *iCarly* and *Sam & Cat* star, after her controlling mother dies, gets the help she needs to overcome eating disorders, addiction and unhealthy relationships, and finally decides what she really wants for the first time in her life.



# It's Lonely at the Centre of the Earth

by Zoe Thorogood

Cartoonist Zoe Thorogood records 6 months of her own life as it falls apart in a desperate attempt to put it back together again in the only way she knows how.



#### Live Wire

by Kelly Ripa

The beloved daytime talk show host shares sharp-witted and insightful stories about her life as a professional, wife, daughter, and mother, bringing hard-earned wisdom and an eye for the absurdity of life to every minute of the day.

# BIOGRAPHY AND MEMOIR 2023



#### **Love That Story**

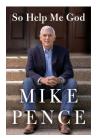
by Jonathan Van Ness In this candid essay collection, the star of Netflix's *Queer Eye* takes a thoughtful, indepth look at current topics, providing stories that speak to challenging internalized beliefs, finding compassion and confidence, and learning more about what makes us all so messy and gorgeous.



## One Hundred Saturdays

by Michael Frank

The remarkable story of ninety-nine-yearold Stella Levi whose conversations with the writer Michael Frank over the course of six years bring to life the deportation to Auschwitz that extinguished most of her community, and the resilience and wisdom of the woman who lived to tell the tale.



## So Help Me God

by Mike Pence

Focusing on his faith and his public service, the former Vice President recounts his journey to the White House, providing the inside story of the Trump Administration and how their relationship was severed when he kept his oath to the Constitution.



### Spare

by Prince Harry, Duke of Sussex With its raw, unflinching honesty, Prince Harry's memoir -- in which he discusses the effect of his mother Princess Diana's death on his life -- is full of insight, revelation, selfexamination and hard-won wisdom about the eternal power of love over grief.



#### We Were Dreamers

by Simu Liu

The star of Marvel's first Asian superhero film, in this candid, inspiring and relatable memoir, tells his own origin story and how he embarked on a journey that took him far outside of his comfort zone into the world of show business.



# The Man Who Could Move Clouds

by Ingrid Rojas Contreras
Interweaving spellbinding family stories,
resurrected Colombian history, and her own
deeply personal reckonings with the bounds
of reality, the author shares her inheritance
of the power to talk to the dead, tell the
future, treat the sick, and move the clouds.



#### **Queen of Our Times**

by Robert Hardman

In this entirely new study, including unpublished Royal Family papers and photographs along with personal stories from other world leaders, the author wraps up the full story of one of the undisputed greats in a thousand years of monarchy.



#### **Solito**

by Javier Zamora

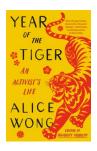
A young poet reflects on his 3,000-mile journey from El Salvador to the United States when he was nine years old, during which he was faced with perilous boat trips, desert treks, arrests, and deceptions during two life-altering months.



# **Stay True**

by Hua Hsu

In this gripping memoir of friendship, grief, the search for self and the solace found through art, a *New Yorker* staff writer recounts how his close friend Ken, with whom he endured the successes and humiliations of everyday college life until Ken was violently, senselessly taken away.



## Year of the Tiger

by Alice Wong

Drawing on a collection of original essays, previously published work, conversations, graphics, photos, commissioned art, and more, the author uses her unique talent to share an impressionistic scrapbook of her life as an Asian American disabled activist, community organizer, and media maker



# **Sherwood Public Library**

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