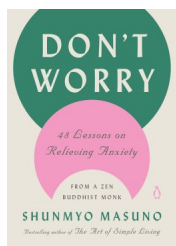


SPIRITUALITY & RELIGION 2023



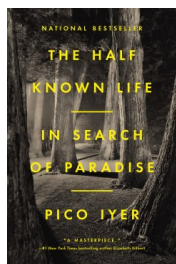
Beyond Welcome

by Karen González
Challenging many common assumptions, a Guatemalan immigrant and advocate with World Relief examines the racial, social, political, and theological implications of centering immigrants themselves in our advocacy and care.



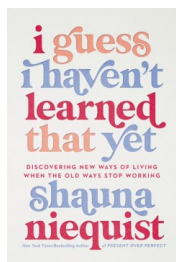
Don't Worry

by Shunmyō Masuno
The head priest of a 450-year old Zen Buddhist temple in Japan and best-selling author offers 48 simple lessons and 30 sayings that help readers focus on the present and become calmer and more positive versions of themselves.



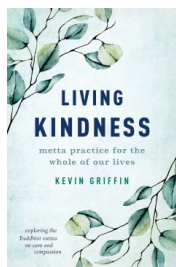
The Half Known Life

by Pico Iyer
From the Himalayas to the ghostly temples of Japan, this thought-provoking book traces the author's almost 50-year journey around the world, offering a surprising, often beautiful exploration of how we might come upon paradise in our lives.



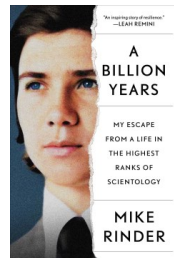
I Guess I Haven't Learned That Yet

by Shauna Niequist
A best-selling author discusses how she learned navigated her life after the unknowns of midlife, heartbreak, and chronic pain forced her to re-evaluate everything she had known up to that point.



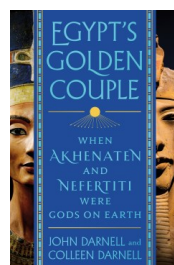
Living Kindness

by Kevin Griffin
Revealing the richness and multifaceted nature of loving-kindness on the Buddhist path, a leader in the mindful recovery movement and teacher presents guided practices and illuminating explorations of classical texts to help readers understand a core Buddhist teaching.



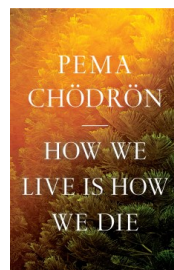
A Billion Years

by Mike Rinder
One of the highest-ranking defectors from Scientology exposes the secret inner workings of the powerful organization in this remarkable memoir.



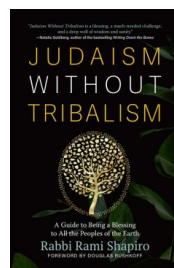
Egypt's Golden Couple

by John Coleman Darnell
A married team of Egyptologists look at the lives and reign of Akhenaten and Nefertiti, King Tut's parents, who ushered in advances in art, urban design, religion and politics.



How We Live is How We Die

by Pema Chödrön
A beloved Buddhist nun and best-selling author shares wise words on working with the changes in our lives to find more freedom and less fear. As much as we might try to resist, endings constantly happen, and behind each ending is a beginning.



Judaism Without Tribalism

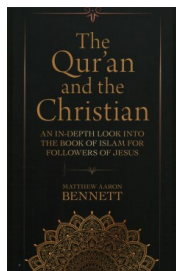
by Rami M. Shapiro
This book investigates Judaism at its best- and sanest. It strips away outdated and harmful beliefs that have accrued over the centuries and returns to the essential truths that are often ignored in favor of tradition, tribal identity, or the claims of the powerful.



Living Resistance

by Kaitlin B. Curtice
A popular Indigenous author argues that resistance isn't just for professional activists but for every human who longs to see their neighbors' holistic flourishing.

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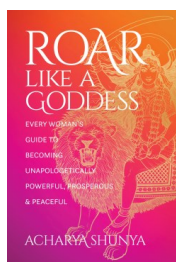
The Qur'an and the Christian

by Matthew Aaron Bennett
This book will help Christians explore Islamic faith with a missionary's wisdom, and gain insight in deepening Muslim friendships, promoting understanding, and clarifying the Biblical Gospel.



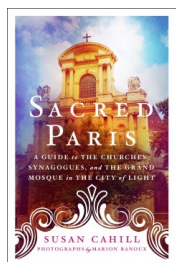
The Religion of American Greatness

by Paul David Miller
What is Christian nationalism, and how is it different from patriotism? This book provides a detailed portrait, calling for Christians to seek a healthier political witness that respects our constitutional ideals and a biblical vision of justice.



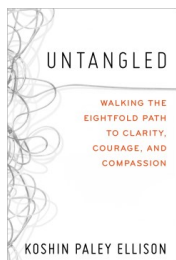
Roar Like a Goddess

by Acharya Shunya
Trailblazing Vedic spiritual teacher Acharya Shunya empowers women to step into their divine immensity and lead powerful, abundant, and wise lives through a revolutionary revisioning of ancient India's primary goddess archetypes.



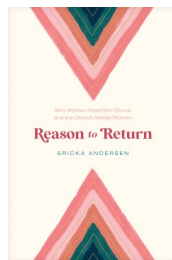
Sacred Paris

by Susan Cahill
This visually stunning history of Paris through its renowned and beloved places of worship doubles as a spiritual tour of well-known landmarks to the sacred spots off the beaten track.



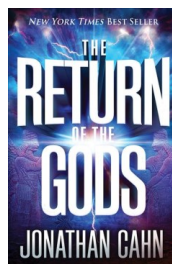
Untangled

by Koshin Paley Ellison
A guidebook to finding expansive ease and true joy through what is traditionally called the eightfold path, one of Buddhism's foundational teachings.



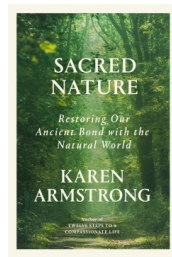
Reason to Return

by Ericka Andersen
Many women who leave the church desire a closer relationship with God and a deeper spiritual life. What they may not realize is that the imperfect churches of their pasts might be keeping them from meeting those deep spiritual longings today.



The Return of the Gods

by Jonathan Cahn
Taking us on a journey from the ancient inscriptions in Sumer, Assyria, and Babylonia to the puzzle pieces behind what is taking place in our world to this day, this book ponders if these gods are transforming our culture, our children, our lives and America itself.



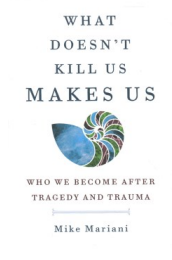
Sacred Nature

by Karen Armstrong
A best-selling historian of religion describes nature's central place in spirituality across the centuries, showing readers how to rediscover nature's potency and connect to something greater than ourselves.



Teach Your Children Well

by Sarah Cowan Johnson
How do we parent our kids in ways that lead to lasting faith? This handbook unpacks how parents can have an active discipleship role in forming their children's faith, filled with exercises and activities for families to do together.



What Doesn't Kill Us Makes Us

by Mike Mariani
Tracing the lives of six people who have experienced catastrophic, life-changing events, a journalist uses his own experience to explore the nuances and largely uncharted territory of what happens after one's life is cleaved into a before and after.



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