

SMART Recovery®

An anonymous support group for addiction and addictive behavior recovery.

Tuesdays, 7 p.m.

Resumes 9/26/2023



SMART Recovery®

4-Point Program™

Age 18 and older

Any type of addiction

Anonymous

No registration required

**4-Point Program for
self-directed change**

SMART Recovery® is science-based support
for those with any addiction/addictive behavior
to learn tools and create a personal plan for change.



South Country Library

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