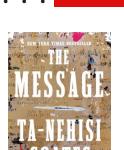
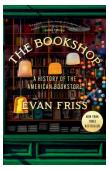
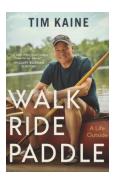
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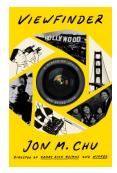


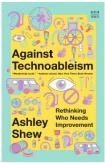




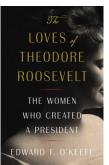




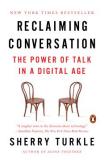


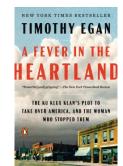












## VIRGINIA LIBRARY STAFF PICKS

FOR ADULT READERS

Favorite Nonfiction of 2024 from Virginia library staff



## **COMPLETE NONFICTION LIST**

A Better Life for Their Children – Andrew Feiler A City on Mars – Kelly Weinersmith A Fever in the Heartland – Timothy Egan A Walk in the Park: the True Story of a Spectacular Misadventure in the Grand Canyon – Kevin Fedarko

A Woman of No Importance - Sonia Purnell Against Technoableism: Rethinking Who Needs Improvement - Ashley Shew All About Love - bell hooks All in Her Head - Elizabeth Comen Another Appalachia - Neema Avashia Banned Book ClubKim - Hyun Sook and Ryan Estrada

Be Free or Die – Cate Lineberry
Black Pill – Elle Reeve
Blood Brothers – Randy W. Roberts
Burnout: The Secret to Unlocking the Stress Cycle
– Emily Nagoski and Amelia Nagoski
Carson the Magnificent – Bill Zehme
Changes in the Land – William Cronon
Disentangling from Emotionally Immature People

- Lindsay C. Gibson
Drama Free: a Guide to Managing Unhealthy
Family Relationships - Nedra Glover Tawwab
Engineering for CatsMac Delaney
Epic Measures - Jeremy N Smith
Eve - Cat Bohannon
Fast.Feast.Repeat - Gin Stephens
Finding Me - Viola Davis
Four Seasons in the Blue Ridge - Eddie Bond

Presley and Riley Keough Goblin Mode: How to Get Cozy, Embrace Imperfection, and Thrive in the Muck - McKayla Covle

From Here to the Great Unknown - Lisa Marie

Hiding Mengele: How a Nazi Network Harbored the Angel of Death – Betina Anton Hijab Butch Blues – Lamya H House Rules – Myquillyn Smith How to Be a Good Creature – Sy Montgomery How to Know a Person – David Brooks How to Say Babylon – Safiya Sinclair How to Stand Up to a Dictator – Maria Ressa I'm Glad My Mom Died – Jennette McCurdy It Wasn't Roaring, It Was Weeping – Lisa-Jo Baker John Smith's Chesapeake Voyages – Helen Rountree

Just Kids - Patti Smith
Lies I Taught in Medical School - Robert Lufkin
Maid - Stephanie Land

Man's Search for Meaning – Viktor E. Frankl Me & Patsy Kicking Up Dust – Loretta Lynn Ministry of Truth: Democracy, Reality, and the Republicans' War on the Recent Past – Steve Benen

Mister God this is Anna - Fynn My Beloved Monster - Caleb Carr My Friend Anne Frank - Hanna Pick-Goslar Nowhere Girl: A Memoir of a Fugitive Childhood -Cheryl Diamond

Nuclear War: A Scenario - Annie Jacobsen Of Sound Mind - Nina Kraus

One in a Millennial - Kate Kennedy
Outlive: The Science and Art of Longevity - Peter

Outlive: The Science and Art of Longevity – Peter Attia

Raiders, Rulers, and Traders: The Horse and the Rise of Empires – David Chaffetz

Reclaiming Conversation: The Power of Talk in a Digital Age - Sherry Turkle

Reclaiming Quiet – Sarah Clarkson

Rocket Men - Craig Nelson

Save Me the Plums: My Gourmet Memoir – Ruth Reichl

Say Nothing – Patrick Radden Keefe Sitting Pretty: The View from My Ordinary Resilient Disabled Body – Rebekah Taussig Splinters – Leslie lamison Stories I Ain't Told Nobody Yet - Jo Carson Stumpwork Embroidery and Thread Painting -Megan Zaniewski

The Basque History of the World – Mark Kurlansky

The Bird Way – Jennifer Ackerman

The Book of Hope – Jane Goodall

The Bookshop - Evan Friss

The Deadly Rise of Anti-Science - Peter Hotez

The Demon of Unrest - Erik Larson

The Friday Afternoon Club - Griffin Dunne

The Iron Scar - Bob Kunzinger

The Loves of Theodore Roosevelt – Edward F. O'Keefe

The Master and His Emissary: The Divided Brain and the Making of the Western World – Iain McGilchrist

The Message - Ta-Nehisi Coates

The Price of Peace: Money, Democracy, and the Life of John Maynard Keynes – Zachary D. Carter The Rose and the Briar – Greil Marcus, ed.

The Trauma Cleaner: One Woman's Extraordinary

Life in Death, Decay and Disaster - Sarah

Krasnostein

The Violent Take It by Force – Matthew D. Taylor

The Wager - David Grann

The Warmth of Other Suns – Isabel Wilkerson

The Wide Wide Sea - Hampton Sides Through the Groves - Anne Hull

Together: The Healing Power of Human

Connection in a Sometimes Lonely World – Vivek H. Murthy

Viewfinder: A Memoir of Seeing and Being Seen – Jon M. Chu

Walk Ride Paddle - Tim Kaine

When the Sea Came Alive: An Oral History of D-

Day - Garrett Graff

Worm: A Cuban American Odyssey - Edel Rodriguez

Yellow Bird: Oil, Murder, and a Woman's Search for Justice in Indian Country – Sierra Crane Murdoch