



January Adult Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
12/30 9:45am Aerobic Exercise 11am Gentle Yoga 3:30pm Rug Hooking 6pm Meditation	12/31 10am Bone Builders 10am Hobby Haven 1pm Sit & Stitch Library Closed at 2pm	01/01 	01/02 10am Bone Builders 11:30am Adult craft - Cork Craft 4pm Just Craftin' Around 6pm Thursday Night Book Club	01/03 9:45am Meditation 10:30am Puzzle Group 10:30am Cribbage
06 9:45am Aerobic Exercise 11am Gentle Yoga 3pm Monday Book Club 6pm Meditation	07 10am Bone Builders 10am Hobby Haven 1pm Sit & Stitch 3pm Chess	08 9:45am Aerobic Exercise 11am Gentle Yoga 1pm Matinee Movie - <i>The Boys in the Boat</i> Library closed at 5pm for Staff Meeting	09 10am Bone Builders 4pm Just Craftin' Around 6pm Thursday Night Book Club	10 9:45am Meditation 10:30am Puzzle Group 10:30am Cribbage
13 9:45am Aerobic Exercise 11am Gentle Yoga 6pm Meditation 7pm Trustees meeting	14 10am Bone Builders 10am Hobby Haven 1pm Sit & Stitch 3pm Chess	15 9:45am Aerobic Exercise 11am Gentle Yoga 1pm Matinee Movie - <i>The Public</i> 6pm Nonfiction Book Club	16 10am Bone Builders 11:30am - Adult Craft - DIY Magnets 4pm Just Craftin' Around 6pm Thursday Night Book Club	17 9:45am Meditation 10:30am Puzzle Group 10:30am Cribbage 5:30pm Plain Cemetery 300th Exhibit Opening
20 	21 10am Bone Builders 10am Hobby Haven 1pm Sit & Stitch 3pm Chess 4pm Friend of KCL monthly meeting	22 9:45am Aerobic Exercise 11am Gentle Yoga 1pm Matinee Movie - <i>The Fall Guy</i>	23 10am Bone Builders 4pm Just Craftin' Around 6pm Thursday Night Book Club	24 9:45am Meditation 10:30am Puzzle Group 10:30am Cribbage
27 9:45am Aerobic Exercise 11am Gentle Yoga 12:30pm - Cookbook Book Club 3:30pm Rug Hooking 6pm Meditation	28 10am Bone Builders 10am Hobby Haven 1pm Sit & Stitch 3pm Chess 6pm Mystery Book Club	29 9:45am Aerobic Exercise 11am Gentle Yoga 1pm Matinee Movie - <i>Brooklyn</i>	30 10am Bone Builders 11:30am Older Adult Seminar 4pm Just Craftin' Around 6pm Thursday Night Book Club	31 9:45am Meditation 10:30am Puzzle Group 10:30am Cribbage 1pm Romance Required

Library Hours:

Mon & Fri 9:30am - 6pm
Tues, Wed, Thurs 9:30am - 7:30pm
Sat 9am - 1pm

*Check website for
Holiday Hours*

Website:
kingston-library.org
Email:
info@kingston-library.org

Kingston Community Library
2 Library Lane
Kingston, NH 03848
603-642-3521

Weekly Programs

Mondays & Wednesdays, 9:45am, Aerobic Exercise: Join others for fun light aerobic exercise while following an instructional DVD.

Mondays & Wednesdays, 11am, Gentle Yoga Series: Bring a mat, a strap, and a tennis ball if you have one. Class size is limited to 9 students, first come first served. \$5 a class.

Mondays 6pm & Fridays 9:45am, Meditation: Experience needed. Join a group to meditate and eliminate thoughts that may be causing stress.

Tuesdays & Thursdays, 10am, Bone Builders: Gentle weight bearing exercise. ***Sign up required***

Tuesdays, 11am, Hobby Haven: What's your hobby? Crochet, coloring, or crosswords? Join a great group of people and have fun!

Tuesdays, 1pm, Sit & Stitch: Bring your project and enjoy an afternoon of social knitting!

Tuesdays, 3pm, Chess: Come and play with friends. Fun for all ages!

Thursdays, 4pm, Just Craftin' Around: Join a group of fun folks and work on your craft project. Looking for help knitting, then this is the group for you.

Fridays, 10:30am, Puzzle Group: Have some fun putting together jigsaw puzzles with friends.

Fridays, 10:30am, Cribbage: Come in to play cribbage with others.

Monthly Programs

Adult Craft: 1st and 3rd Thursday 11:30, Come in and create a fun craft!

Friends of KCL Meeting: 3rd Monday, once a month at 4pm, Become a member and help in the effort to raise funds for KCL's children's programming and other fun library activities!

Traditional Rug Hooking: Last Monday, once a month at 3:30pm, taught by Lisa Chalconer. Kits are available for \$40. Class is limited to 9 students. Please reserve a spot! \$5 suggested donation.

Special Events

Older Adult Seminar: Thursday, January 30, 11:30am: Join the library tech guys to learn how to keep your computer and yourself safe from viruses and scams.

Plains Cemetery 300th Anniversary: History of Kingston, January 17, 5:30pm: 2025 marks the 300th anniversary of the first cemetery in Kingston. Learn why the cemetery is important to Kingston History. Sponsored by the Heritage Commission, Kingston Community Library, and Kingston Historical Museum. Exhibit opening in mid-January TBA.

Book Clubs

Monday Book Club: Monday, Jan.6, 3pm: *Solito*, by Javier Zamora

An intimate account not only of a treacherous and near-impossible journey, but also of the miraculous kindness and love delivered at the most unexpected moments.

Nonfiction Book Club: Wednesday, Jan. 15, 6pm: *The Wager* by David Grann
A Tale of Shipwreck, Mutiny and Murder.

Cookbook Club: Monday, Jan. 27, 12:30pm: *The How Not to Diet Cookbook* by Michael Greger, MD, FACLM

Greger offers readers delicious yet healthy options that allow them to ditch the idea of "dieting" altogether.

Mystery Book Club: Tuesday, Jan. 28, 6pm: *No Exit* by Taylor Adams Thirteen hours, four strangers, one missing child. Full of terrifying twists and hairpin turns, *No Exit* will have you on the edge of your seat and leave you breathless.

Romance Required Book Club: Friday, Jan. 31, 1pm: *Mrs. Nash's Ashes* by Sarah Adler

Millie's determined to give her friend a symbolic happily-ever-after, before it's (really) too late—and hopefully reassure herself of love's lasting power in the process.

Thursday Night Book Club: Thursdays, 6pm: Led by Dr. John Chandler, this group meets weekly. Contact the library to find out the current book.