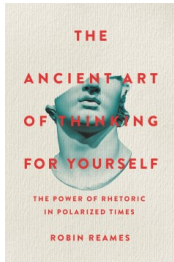




CULTURE & SOCIETY 2025



The Ancient Art of Thinking for Yourself

by Robin Reames

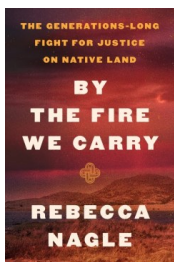
Discusses how rhetoric -- the art of persuasion -- can help us navigate an age of misinformation, conspiracy theories and political acrimony.



Bad Therapy

by Abigail Shrier

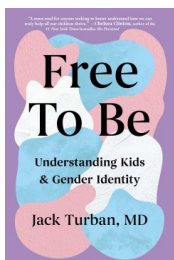
In virtually every way that can be measured, Gen Z's mental health is worse than that of previous generations. Bestselling investigative journalist Abigail Shrier argues that the problem isn't the kids -- it's the mental health experts.



By the Fire We Carry

by Rebecca Nagle

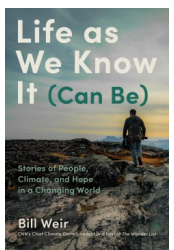
An award-winning reporter and member of the Cherokee Nation recounts the generations-long fight for tribal sovereignty in Eastern Oklahoma and the 1990s murder case that led the Supreme Court to reaffirm native rights to the land.



Free To Be

by Jack Turban

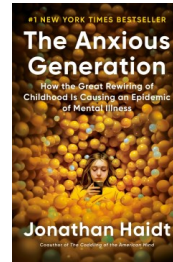
This comprehensive guide from a renowned specialist in the well-being of transgender and gender diverse youth provides invaluable insights into understanding and navigating gender identity, with tools for helping transgender youth.



Life as We Know It (Can Be)

by Bill Weir

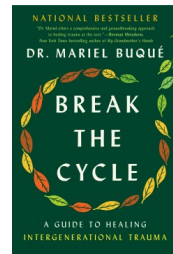
Award-winning journalist and CNN chief climate correspondent Bill Weir takes readers through time and around our changing world to confront the biggest threats to life as we know it, and search for proven ways to build happier, healthier, and more resilient communities.



The Anxious Generation

by Jonathan Haidt

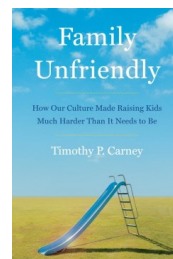
After more than a decade of stability or improvement, the mental health of adolescents plunged in the early 2010s. Social psychologist Jonathan Haidt gives the facts of the teen mental illness epidemic that hit many countries at the same time.



Break the Cycle

by Mariel Buqué

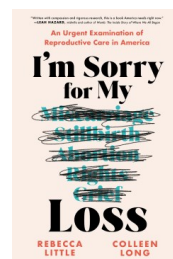
A trauma psychologist, professor and sound bath meditation healer offers scientific research and practical exercises to help the pain of unhealed emotions and inherited trauma and transform that pain into intergenerational abundance.



Family Unfriendly

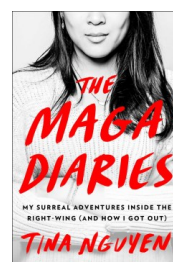
by Timothy Carney

The bestselling author of *Alienated America* traveled the country asking families and experts the same questions: why is parenting so much harder even though the kids are less happy than a generation ago?



I'm Sorry for My Loss

by Rebecca Little and Colleen Long
Rebecca and Colleen are journalists and childhood friends who both experienced pregnancy losses past 20 weeks. In the days, weeks, and months that followed, they searched desperately for information to help them process what they had been through. But they found nothing.

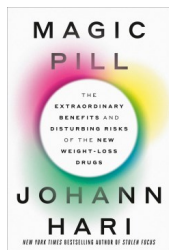


The MAGA Diaries

by Tina Nguyen

An acclaimed political journalist tells her story of loving and leaving the conservative movement, painting a shocking portrait of how they recruit, train and indoctrinate generations of young people in search of opportunity and shape them into leaders supporting the Republican party.

CULTURE & SOCIETY 2025



Magic Pill

by Johann Hari

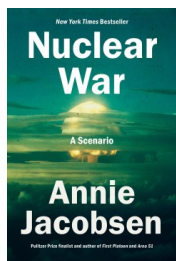
The bestselling author offers a revelatory look at the new drugs transforming weight loss as we know it—from his personal experience on Ozempic to our ability to heal our society's dysfunctional relationship with food, weight, and our bodies.



Mind Your Manners

by Sara Jane Ho

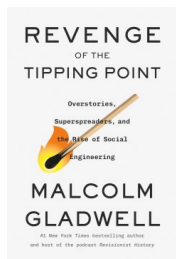
The founder of a global etiquette school and star of her own Netflix series imparts a lifetime's worth of lessons, pro-tips, and FAQs on social and digital etiquette, helping us feel the deep comfort that comes from connection, inclusion, and presenting our best self in any situation.



Nuclear War

by Annie Jacobsen

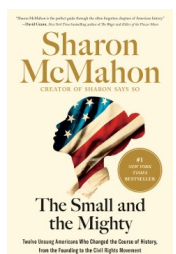
Exploring a nuclear war scenario in this in-depth and urgent book, a historian draws on new interviews with military and civilian experts who have built the weapons; created the response plans; and been responsible for those decisions should they need to have been made.



Revenge of the Tipping Point

by Malcolm Gladwell

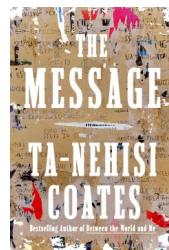
Twenty-five years after the publication of his bestselling first book, the author returns with a brand-new volume that reframes the lessons of *The Tipping Point* in a startling and revealing light.



The Small and the Mighty

by Sharon McMahon

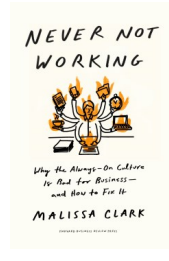
Through meticulous research, an American History professor discovers history's unsung characters and brings their rich, riveting stories to light for the first time, offering inspiring portraits of 12 ordinary Americans whose courage formed the character of the United States.



The Message

by Ta-Nehisi Coates

The bestselling author of *Between the World and Me* travels the world to explore how the stories we tell -- and the ones we don't -- shape our realities.



Never Not Working

by Malissa Clark

Many workers believe that to compete with other top talent they must embrace a culture that rewards long hours and constant connection to work. This workaholic behavior is unhealthy and counterproductive for workers and for organizations. It's time to fight back.



Raising Securely Attached Kids

by Eli Harwood

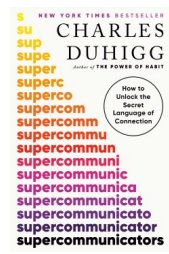
In an essential guide for parents with kids across the age spectrum, an attachment research expert shares what attachment theory is and provides a practical road map to the only parenting approach proven to have lasting positive impact.



The Showman

by Simon Shuster

An acclaimed journalist gives readers the first inside account of the Russian invasion of Ukraine from the perspective of President Volodymyr Zelensky and his team, who granted him unprecedented access.



Supercommunicators

by Charles Duhigg

A Pulitzer Prize-winning investigative journalist, studying people capable of connecting with anyone, reveals how, everyone time we speak, we're actually engaging in one of three conversations.



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