

# Essential Oil Roller Bottles for Spring and Summer (and for sleep and anxiety)

Wednesday, March 26th @ 7PM



Learn the basics about essential oils and how to use them to make roller bottles to support sleep, focus, stress, anxiety, general wellness, skin care and more. Rollers make essential oil application easy and convenient. They are a healthy alternative to toxic perfume sprays and are an all around mood lifter.

Throw one in your beach bag or purse and enjoy a day outdoors and on the go. Janice Imbrogno will answer all your questions, you will get to sample essential oils, receive recipes and make and take an essential oil roller bottle.

There is a non-refundable \$5 fee due at the time of registration.