

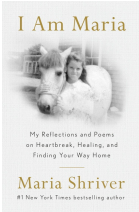


New York Times Best Sellers

Nonfiction

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April 20, 2025



1. I Am Maria: My Reflections and Poems on Heartbreak, Healing, and Finding Your Way Home

by Maria Shriver

The Peabody and Emmy Award-winning journalist and producer weaves together life reflections with poems.



2. Fight: Inside the Wildest Battle for the White House

by Jonathan Allen and Amie Parnes

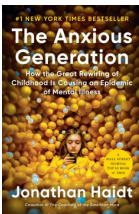
The authors of *Shattered* give an account of the 2024 presidential campaigns.



3. Abundance

by Ezra Klein and Derek Thompson

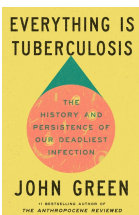
A New York Times opinion columnist and a staff writer at *The Atlantic* evaluate obstacles to American progress.



4. The Anxious Generation: How the Great Rewiring of Childhood Is Causing an Epidemic of Mental Illness

by Jonathan Haidt

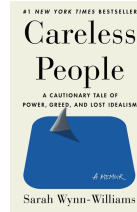
A co-author of *The Coddling of the American Mind* looks at the mental health impacts that a phone-based life has on children.



5. Everything Is Tuberculosis: The History and Persistence of Our Deadliest Infection

by John Green

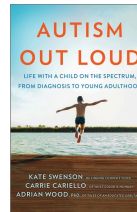
The author of *The Anthropocene Reviewed* chronicles the fight against the deadly infectious disease tuberculosis.



6. Careless People: A Cautionary Tale of Power, Greed, and Lost Idealism

by Sarah Wynn-Williams

A former Facebook executive gives an account of policies and leadership at the social media platform.



7. Autism Out Loud: Life With a Child on the Spectrum, from Diagnosis to Young Adulthood

by Kate Swenson, Carrie Cariello and Adrian Wood

Three women from different backgrounds share their stories of raising a child with autism.



8. The Tell: A Memoir

by Amy Griffin

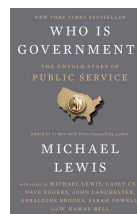
The founder of the investment firm G9 Ventures recounts her efforts to recover from trauma she experienced during childhood.



9. Boat Baby

by Vicky Nguyen

The NBC News anchor and correspondent describes cultural gaps her family encountered after they fled Vietnam.



10. Who Is Government? The Untold Story of Public Service

by Michael Lewis (editor)

Essays by Casey Cep, Dave Eggers, John Lanchester, Geraldine Brooks, Sarah Vowell, W. Kamau Bell and Michael Lewis illuminate the work of federal employees and the business of government.



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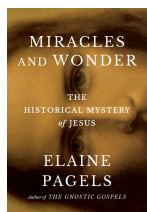


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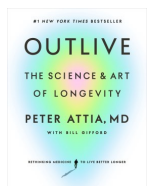
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11. Miracles and Wonder: The Historical Mystery of Jesus

by Elaine Pagels

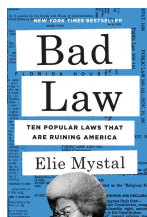
The author of *The Gnostic Gospels* delves into explanations of aspects of the life of Jesus made by his disciples.



12. Outlive: The Science & Art of Longevity

by Peter Attia with Bill Gifford

A look at recent scientific research on aging and longevity.



13. Bad Law: Ten Popular Laws That Are Ruining America

by Elie Mystal

The author of *Allow Me to Retort* examines 10 laws that he argues are negatively impacting Americans.



14. The House of My Mother: A Daughter's Quest for Freedom

by Shari Franke

Franke gives an account of abuse with her family who gained a following with their YouTube channel 8 Passengers.



15. Dare I Say It: Everything I Wish I'd Known About Menopause

by Naomi Watts

The Academy Award-nominated actress demystifies occurrences and unpacks stigmas related to menopause.