

NYTimes Non Fiction Best Sellers

February 8th, 2026



1) THE INVISIBLE COUP

BY PETER SCHWEIZER

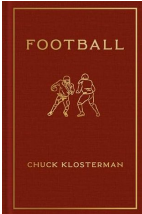
The author of "Blood Money" puts forward his argument that mass migration is a political weapon.



7) THE OTHER SIDE OF CHANGE

BY MAYA SHANKAR

The cognitive scientist and host of the podcast "A Slight Change of Plans" posits ways to redefine upheavals.



2) FOOTBALL

BY CHUCK KLOSTERMAN

The author of "The Nineties" considers the ways in which the sport has impacted American life.



8) JUNGLEKEEPER

BY PAUL ROSOLIE

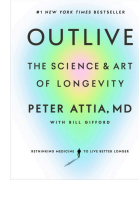
A conservationist and explorer gives an account of his time spent in the Amazon rainforest.



3) 1929

BY ANDREW ROSS SORKIN

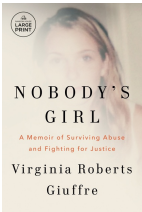
The New York Times journalist and CNBC host looks at the fight between Washington and Wall Street that fueled a historic crash of the stock market.



9) OUTLIVE

BY PETER ATTIA

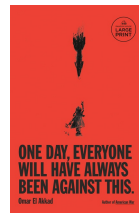
A look at recent scientific research on aging and longevity.



4) NOBODY'S GIRL

BY VIRGINIA ROBERTS GIUFFRE

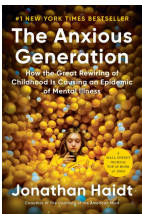
The late activist and advocate for sex-trafficking survivors describes her time with Jeffrey Epstein and Ghislaine Maxwell.



10) ONE DAY, EVERYONE WILL HAVE ALWAYS BEEN AGAINST THIS

BY OMAR EL AKKAD

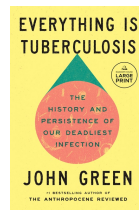
In his nonfiction debut, El Akkad looks at how the West responds to mass suffering.



5) THE ANXIOUS GENERATION

BY JONATHAN HAIDT

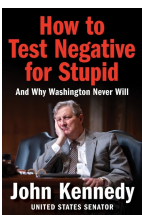
A co-author of "The Coddling of the American Mind" looks at the mental health impacts that a phone-based life has on children.



11) EVERYTHING IS TUBERCULOSIS

BY JOHN GREEN

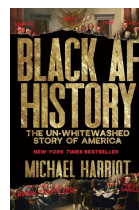
The author of "The Anthropocene Reviewed" chronicles the fight against the deadly infectious disease tuberculosis.



6) HOW TO TEST NEGATIVE FOR STUPID

BY JOHN KENNEDY

The Republican senator from Louisiana shares stories about politics in Washington, D.C., and in his home state.



12) BLACK AF HISTORY

BY MICHAEL HARRIOT

A columnist at TheGrio.com articulates moments in American history that center the perspectives and experiences of Black Americans.



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