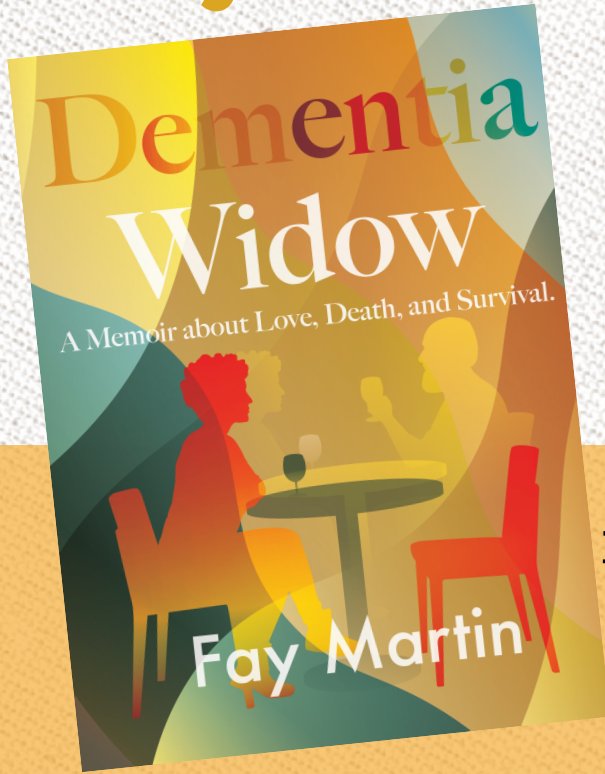


ABOUT the AUTHOR Fay Martin



JOIN US AT THE WAWA PUBLIC LIBRARY ON **TUESDAY, SEPTEMBER 22ND, 2026,** BEGINNING AT 1PM AS FAY MARTIN SPEAKS FROM 25 YEARS OF LIVING WITH DEMENTIA. HER TALKS ARE EQUAL PARTS PRACTICAL GUIDANCE AND UNFILTERED TRUTH, WITH JUST ENOUGH HUMOUR TO MAKE THE UNBEARABLE...BEARABLE.

WHO IS THIS FOR?

- People navigating dementia (personally or with a loved one)
- Caregivers for a person with any long-term, degenerative condition
- Health Care, Social Work, and support organizations
- Anyone willing to rethink how we approach aging, grief and death

Fay Martin is the author of *Dementia Widow*, a memoir that traces fifteen years of spousal caregiving and what happens after it ends. Written for every unseen caregiver, *Dementia Widow* is a deeply honest story of caring, grieving, and surviving dementia.